

## BOOK 1 (Psalms 1 – 41)

### Summary and Review

1. The Israelites called the book of Psalms, the “songs of praise” (Neh. 12:46).  
 “For in the days of David and Asaph of old there were chief of the singers, and songs of praise and thanksgiving unto God.”
2. This title is used once in Psalm 145 – see the inspired heading or title in v.1 – “David’s Psalm of praise. I will extol thee, my God, O king; and I will bless thy name for ever and ever.”
3. The book of Psalms is divided into 5 sections or divisions, each ending in a doxology.
  - 1) Book 1 (1-41)
  - 2) Book 2 (42-72)
  - 3) Book 3 (73-89)
  - 4) Book 4 (90-106)
  - 5) Book 5 (107-150)
4. The best way to appreciate the Psalms is to study them individually.
  - 1) Psalm 1 – The Blessed Man
  - 2) Psalm 2 – Kiss the Son
  - 3) Psalm 3 – Save Me
  - 4) Psalm 4 – Stand in Awe
  - 5) Psalm 5 – Thy Righteousness
  - 6) Psalm 6 – Sore Vexed
  - 7) Psalm 7 – His Righteousness
  - 8) Psalm 8 – How Excellent is Thy Name
  - 9) Psalm 9 – The Wicked Shall be Turned into Hell
  - 10) Psalm 10 – Forget Not the Humble
  - 11) Psalm 11 – Flee as a Bird
  - 12) Psalm 12 – Thou Shalt Keep Them
  - 13) Psalm 13 – How Long?
  - 14) Psalm 14 – The Fool
  - 15) Psalm 15 – Who Shall Dwell in Thy Holy Hill?
  - 16) Psalm 16 – Thou Wilt Not Leave my Soul in Hell
  - 17) Psalm 17 – I Shall Be Satisfied
  - 18) Psalm 18 – The LORD is my Rock
  - 19) Psalm 19 – The Heavens Declare the Glory of God
  - 20) Psalm 20 – The LORD is Near
  - 21) Psalm 21 – The King Shall Joy
  - 22) Psalm 22 – My God, My God, Why...?
  - 23) Psalm 23 – The LORD is My Shepherd
  - 24) Psalm 24 – The LORD of Glory
  - 25) Psalm 25 – Teach Me Thy Paths
  - 26) Psalm 26 – I Will Walk in Mine Integrity
  - 27) Psalm 27 – The LORD is My Light
  - 28) Psalm 28 – Be Not Silent to Me
  - 29) Psalm 29 – The Voice of the LORD
  - 30) Psalm 30 – I Will Extol Thee, O LORD
  - 31) Psalm 31 – My Strong Rock
  - 32) Psalm 32 – Blessed is He Whose Transgression is Forgiven
  - 33) Psalm 33 – Rejoice in the LORD
  - 34) Psalm 34 – O Taste and See that the LORD is Good.
  - 35) Psalm 35 – Plead My Cause, O God.
  - 36) Psalm 36 – How Excellent is Thy Loving Kindness
  - 37) Psalm 37 – They are Preserved Forever
  - 38) Psalm 38 – Rebuke Me Not in Thy Wrath
  - 39) Psalm 39 – My Hope is in Thee
  - 40) Psalm 40 – I Delight To Do Thy Will
  - 41) Psalm 41 – Blessed be the LORD God of Israel.

### Conclusion:

1. Psalm 41:13 “Blessed” ties up the Blessed man in Psalm 1 to form a huge inclusion (or envelop). This means that David may have been the writer/composer of BOOK 1.
2. God gives man everlasting life, and man gives God everlasting praise! Psalm 41:13 “Blessed be the LORD God of Israel from everlasting, and to everlasting. Amen, and Amen.”