

**GOSPEL OF MARK**  
**How To Save Your Life**  
**Mark 8:34-38**

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1. It is \_\_\_\_\_ of all who look to Christ for salvation that they deny themselves and follow Christ.

a. Self denial is a radical rejection of self that is compared to a \_\_\_\_\_ march.

*"He must deny himself; that is, he must once and for all say farewell to the old self, the self as it is apart from regenerating \_\_\_\_\_. ... He voluntarily and decisively accepts the pain, shame, and persecution that is going to be his particular lot because of his loyalty to Christ and His cause." - William Hendriksen*

b. It is only by losing this earthly " \_\_\_\_\_ " that eternal life is gained.

2. The blessings of salvation and the danger of rejecting it highlights the great value of man's \_\_\_\_\_.

a. Man has an \_\_\_\_\_ soul though he lives in a temporal world.

b. Man can \_\_\_\_\_ his soul but he cannot save it.

c. When making an exchange in regard to the soul, it is the greatest \_\_\_\_\_ that needs to be considered.

*"Biblical self-denial means 'Deny yourselves lesser joys so you don't lose the big ones.' Which is the same as saying: Really pursue \_\_\_\_\_! Don't settle for anything less than full and lasting joy." - John Piper*

3. Consider the pressures of life in this world in the context of the \_\_\_\_\_ of eternal life.

a. The values and opinions of the world bring pressure to be \_\_\_\_\_ of Christ.

b. Let the great \_\_\_\_\_ of eternal joy in the Lord give encouragement in present struggles.

*"God is the chief good, and the enjoyment of God for ever is the highest felicity of which the \_\_\_\_\_ is capable." - Thomas Watson*