Counseling Struggling Adoptive Parents

Brian Borgman

Introduction

- I. Adoptive parents and families do need support, encouragement and oftentimes counsel.
 - A. They need the regular encouragement that we all need 1 Thess. 5:11; Heb. 3:12-13
 - But they also need to be in an environment that if they need counseling or more directed help, they know they can get it.
 Isa. 35:3; 1 Thess. 5:14
- II. Do not minimize the difficulties of adoption, even if you do not understand them. In other words, try to understand.
 Prov. 1:5; 13:15; 14:29; 16:21-22; 20:5
- III. Listen to the adoptive parents/families as they share they struggles, realizing that they are taking a risk in sharing their struggles. I.e., Don't be shocked by what they say
 Jas. 1:19
- IV. Avoid parenting formulas and seek to free the parents from formula bondage See Jim's book, *Parenting is More Than a Formula*
- V. Encourage them to be creative and wise in their parenting Phil. 1:9; Col. 1:9; 3:21; Eph. 6:4
- VI. Challenge them, lovingly, to examine their own hearts Psa. 139:23-24; Prov. 4:23
 After They Are Yours, ch 6.

VII. Helpful reminders

- A. Spiritual warfare (Eph. 6:10-13)
- B. Perseverance (Acts 20:24; Rom. 5:3-5; 2 Cor. 12:9-10; Jas. 1:2-4)

- C. The Gospel
 - 1. To our kids (Ezek. 37)
 - 2. To ourselves (Gal. 6:14)