

*“How To Defuse A Bomb, Biblical Conflict Resolution”
“Step Two- Examination of Self – Biblical Repentance”*

PERSONAL APPLICATION

Review the main lesson outline briefly

1. What is Biblical repentance? Discuss how this would apply to our lives practically in everyday life.
2. Discuss the 4 steps of repentance and how they would be used practically in a real life situation to solve a conflict. Use a personal example.

PRIVATE MEDITATION

Read the Scripture and identify 1 thought to take with you for that day
Write down your daily thought under each day

Monday – Joel 2:12-13

Thought:

Tuesday – Luke 15:11-24

Thought:

Wednesday – Ephesians 4:20-25

Thought:

Thursday – James 1:22-25

Thought:

Friday – 2 Chronicles 6:36-39

Thought:

Saturday– Matthew 5:23-24, 18:15-17

Sunday– “Step Three – “Confrontation with Others”

*“How To Defuse A Bomb, Biblical Conflict Resolution”
“Step Two- Examination of Self – Biblical Repentance”*



How to Defuse A Bomb

Biblical Conflict Resolution

*“Step Two- Examination of Self
“Biblical Repentance”*

Step Two – Biblical Repentance

Joel 2:12-13

I. The Definition of Repentance

A. The Hebrew word is “Nacham” meaning to be sorry or comfort - (40 times = repent; 65 times = comfort)

B. The Greek word is “metanoia” (repentance) & “metanoeo” (repent) meaning to perceive with the mind after. (“meta” meaning after & implying change; “noeo” meaning to perceive with the mind).

C. The Biblical definition of repentance is **“A change of the mind that leads to a change of behavior.”**

1. 2 Chronicles 6:36-39 – Solomon’s prayer of dedication for the Temple
2. Luke 15:11-24 – the prodigal’s son

II. The Foundation for Repentance – God’s purpose for

- A. To heal us of our sin – 2 Pet. 3:9
- B. To help us be like Him because he loves us – Heb. 12:4-11
- C. To protect us from the result of sin – James 1:15
- D. The 7 promises of the Gospel
 1. Forgiveness – 1 John 1:9
 2. Deliverance – Romans 6:1-14
 3. Strength – 2 Corinthians 12:9
 4. Restoration – Joel 2:25-26; Luke 15:21-24
 5. Reconciliation – Ephesians 2:14-18; Romans 5:11; 2 Corinthians 5:18-19
 6. Wisdom – James 1:5; Proverbs 1:1-7
 7. Mercy – Hebrews 4:14-16

III. The 4 Steps of Repentance – Luke 15:11-24

A. CONSIDERATION (17)

1. Recognize the possibility of spiritual blindness – James 1:22-25
2. It is easier to see the faults of others than it is to see our own faults – Luke 6:42

B. CONFESSION (18) – 1 John 1:9

C. COMMITMENT (19) – Romans 12:1-2

D. CHANGE (20) – James 1:22-25 “Change has not taken place until change has taken place.” (Ephesians 4:22-24)

NOTES