Preaching Elder R. Rubino Sermon Outline for Sunday, February 28, 2021 Sermon: Grateful to be Depressed! Pt. 1 I Text:

Old Covenant: Job 3

New Covenant: Acts 2:1-13

II Doctrine: The people who were closest to God in the Bible went through times of extreme depression. Depression is a normal experience for God's people in this world.

Depression pushes us towards the living God for help. It is an intense emotion that can humble the most proud of sinners.

Depression before great victory is a normal pattern in scripture. Remain faithful and the Lord will deliver you in time from your depression.

III Comparing Scripture With Scripture:

1) The people who were closest to God in the Bible went through times of extreme depression. Depression is a normal experience for God's people in this world. *(Job 3)*

2) Depression pushes us towards the living God for help. It is an intense emotion that can humble the most proud of sinners. (*Psalm 42*)

3) Depression before great victory is a normal pattern in scripture. Remain faithful and the Lord will deliver you in time from your depression. (*Luke 22:39-46*)