

# Spirit-enabled Mortification of Sin

Practical Theology Lesson 4, from Dr. Stuart Scott's *Killing Sin Habits* book<sup>1</sup>

## The Gospel Context

1. I am no longer a \_\_\_\_\_ of sin. Romans 8:2
2. I have a \_\_\_\_\_ of love and obedience. 1 Cor 6:19-20, Rom 8:12-13, 2 Cor 5:14-15.
3. I have a \_\_\_\_\_ that purifies me. 1 John 3:2-3

## Exercising Faith

**We have to exercise \_\_\_\_\_.** Hebrews 10:22-23.

Take a minute to write down as many gospel realities as you can that should be front and center in your brain at any given moment of sinful temptation:

**We have to exercise true \_\_\_\_\_.**

1. See your sin against the \_\_\_\_\_ of Christ.
2. \_\_\_\_\_ and \_\_\_\_\_ over your sin in light of Christ and the gospel.
3. \_\_\_\_\_ of sin—saying the same thing God says about it.
4. \_\_\_\_\_ of your sin as Christ hates it.
5. Turning towards a \_\_\_\_\_ of Christ and His way.

## Specific Exercises

These practices need to be an essential part of our daily lives.

1. \_\_\_\_\_ the mind. Romans 12:1-2
2. Making no \_\_\_\_\_ for the flesh. Romans 13:14 and 1 Peter 2:11.
3. Find \_\_\_\_\_. Galatians 6:1.
4. Practice the spiritual \_\_\_\_\_. Don Whitney's, *Spiritual Disciplines for the Christian Life*.

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<sup>1</sup>Stuart and Zondra Scott, *Killing Sin Habits: Conquering Sin with Radical Faith* (Focus Publishing, 2013).

## Signs that You're Not Truly Mortifying Sin

1. There is not much \_\_\_\_\_ between you and your sin.
2. Very little \_\_\_\_\_ is \_\_\_\_\_ against it.
3. You commit the sin again with \_\_\_\_\_.
4. You take more care in keeping it \_\_\_\_\_ than in seeking \_\_\_\_\_.

## Signs that You're Truly Mortifying Sin

1. You contemplate God's \_\_\_\_\_.
2. You react strongly toward the \_\_\_\_\_ of sin.
3. You are seeking to live daily \_\_\_\_\_ on the \_\_\_\_\_ of Christ.
4. You hate \_\_\_\_\_ sin, not just \_\_\_\_\_. Psalm 27:4.
5. Your goal is all about \_\_\_\_\_, not \_\_\_\_\_. John 3:30. Philippians 3:10.

## A Definition of Mortification

"A discipline of grace whereby a Christian pursues \_\_\_\_\_ for the surpassing \_\_\_\_\_ of \_\_\_\_\_, by \_\_\_\_\_ and the practical means of \_\_\_\_\_ God has given to \_\_\_\_\_ and \_\_\_\_\_ strive again a particular habitual sin (the triumph of the flesh), thus weakening its grip and subduing its dominance until it is \_\_\_\_\_ dead." (55)

## Hindrances to Mortification

1. You are not \_\_\_\_\_. 1 Corinthians 2:14
2. \_\_\_\_\_. 2 Peter 1:5.
3. \_\_\_\_\_. Romans 12:11.
4. Treasuring \_\_\_\_\_ sin. Psalm 32:3-5.
5. \_\_\_\_\_. Galatians 6:7-9.
6. Ignorance of \_\_\_\_\_. Colossians 2:8.
7. Misplaced \_\_\_\_\_. Colossians 3:1-5
8. Bad \_\_\_\_\_. 1 Corinthians 15:33

## Additional Resources

Kris Lundgaard, *The Enemy Within*

John Owen, *Overcoming Sin & Temptation*, edited by Kelly Kapic & Justin Taylor (Crossway Publishers)