### Pretest Terri Zimmerman's Message

**Instructions**: Please complete the pretest prior to the message. Try to answer honestly. You won't have to share your answers.

#### Please place a checkmark by all the questions in which you want to answer YES.

Sample 0. I am looking forward to the message

- 1. There are certain areas in which I feel I must succeed.
- 2. It makes me angry when I look bad because of someone else's incompetence.
- 3. I become depressed if I fail.
- 4. The fear of failure makes me anxious.
- 5. I find myself comparing myself to others.
- 6. I am self-critical.
- 7. Success is the key to happiness
- 8. I am anxious for no reason.
- 9. I am nervous when things are messy.
- 10. I get extremely worried about details.
- 11. I feel God won't accept me unless I am doing my devotionals and praying and witnessing etc.
- 12. I get upset if I don't meet my goals for the day.
- 13. I put things off because it will take too much time to do them perfectly.
- 14. I feel guilty because I don't accomplish all the things, I see others doing.
- 15. I dislike the idea of being average in some areas of my life.
- 16. I tend to make the same mistakes over and over again.
- 17. I often feel I should be doing things better.
- 18. I avoid trying new things if I don't think I can do them well.
- 19. I dread my over committed schedule
- 20. I feel useless if I am not able to contribute the way I want to.
- 21. I tend to over analyze decisions because I don't want to make a mistake.

- 22. I don't like it when someone interrupts my plans for the day and throws off my schedule.
- 23. I prefer to be in control and do things my own way.
- 24. I have difficulty taking criticism.
- 25. I am ashamed of having fears.
- 26. It bothers me when someone doesn't like me.
- 27. I check my Facebook posts frequently and am disappointed if I don't get a good response.
- 28. I am concerned about what others think of me.
- 29. I feel like if people really knew me, they wouldn't like me.
- 30. I feel like I have to say yes to everyone.
- 31. I have a negative self-image.
- 32. I would rather be alone than take the risk that someone may reject me.
- 33. I often burn the candle on both ends just to get it all done.
- 34. I feel bad when people don't compliment me on my looks.
- 35. I feel bad when people don't recognize me for my service.
- 36. I want the approval of certain people.
- 37. There are certain things about my past that I re-live with strong emotions.
- 38. It is important to keep up appearances of my appearance and my home to have others think well of me.
- 39. I find it difficult to take compliments because I don't meet my own standards.
- 40. I am compelled to justify my mistakes.

## Perfect in His Eyes

#### Who I am in Christ

Ladies' Bible Retreat

March 7, 2020

Speaker: Terri Zimmerman

loved by the Father

am being transformed into the likeness of the Lord

an ambassador for Christ

set free from the law of sin and of death

Galatians 3:26

saved by grace through faith

alive to God in Christ Jesus

an heir of God and fellow heir with Christ

among the called of Jesus Christ

a child of God

one in Christ Jesus with all believers

Galatians 3:28

freed from all things

being renewed day by day II Corinthians 4:16

bought with a price

comforted by God II Corinthians 1:4

saved by His life

made alive together with Christ Ephesians 2:5

loved by Jesus

one spirit with Christ

the salt of the earth

I Corinthians 6:20

enriched in every way I Corinthians 1:5

under grace

no longer a slave to sin

Romans 6:6

made righteous through the obedience of Christ Romans 5:19

Romans 6:14

sanctified in the truth

John 17:17

a temple of God

the light of the world

a child of God Romans 8:16

full of goodness and filled with all knowledge Romans 15:14

a new creation in Christ II Corinthians 5:17

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# I AM...

The Daughter of a King

# A New Creation

A Temple of the Holy Spirit

Gods Masterpiece
Ephisians 1:5

Forgiven
Ephisians 1:7

Fearfully and Wonderfully

Made

Psalm 139

More Than a Conqueror Romans 8:37

Reedeemed

Psalm 55:18

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