

"It was there [in Ireland] that the Lord opened up my awareness of my lack of faith....So I turned with all my heart to the Lord my God, and he looked down on my lowliness....
[The Lord] guarded me before I knew him, and before I came to wisdom....

He protected me."

— The Confession of Patrick (written around 360)

Scripture Reading

PSALM 121

THE MAIN POINT OF PSALM 121

Every child of God will experience forever the Creator's continual protection.

THE DESCRIPTION OF GOD IN PSALM 121

1. Your Creator is your helper (verse 2).



"There is no satisfactory answer for what scientists call the faint young sun paradox" (page 59).

The earth and moon "can't be billions of years old" (page 73).

— Danny Faulkner, The Heavens: A Different View

THE DESCRIPTION OF GOD IN PSALM 121

- 1. Your Creator is your helper (verse 2).
- 2. Your Protector never sleeps (verses 3-4).

"We sleep a third of our lives. Just think of it: a third of our lives spent like dead men. Think of everything being left undone that could be done had God not designed us to need sleep....Sleep is a daily reminder from God that we are not God...."

— John Piper, Taste and See (pages 335-336)

"Once a day God sends us to bed like patients with a sickness. The sickness is a chronic tendency to think we are in control and that our work is indispensable. To cure us of this disease, God turns us into helpless sacks of sand once a day. How humiliating to the self-made corporate executive that he has to give up all control and become as limp as a suckling infant every day...."

— John Piper, Taste and See (pages 335-336)

"Sleep is like a broken record that comes around with the same message every day: Man is not sovereign....Man is not sovereign....Man is not sovereign."

— John Piper, Taste and See (pages 335-336)

THE DESCRIPTION OF GOD IN PSALM 121

- 1. Your Creator is your helper (verse 2).
- 2. Your Protector never sleeps (verses 3-4).
- 3. Your Guardian will let nothing ultimately bad happen to you (verses 5-8).

"What would really satisfy us would be a God who said of anything we happened to like doing, 'What does it matter so long as they are contented?' We want, in fact, not so much a Father in Heaven as a grandfather in heaven—a senile benevolence who, as they say, 'liked to see young people enjoying themselves,' and whose plan for the universe was simply that it might be truly said at the end of each day, 'a good time was had by all."

— C. S. Lewis, *The Problem of Pain (chapter 3)*

"[Christ my Lord] is the one who defended me in all my difficulties....Wherever I am, not only in good times but in difficult times too [I praise his name]. He has shown me that I can put my faith in him without wavering and without end....

I have cast myself into the hands of almighty God, who is the ruler of all places."

— The Confession of Patrick (written around 360)