

“This Is Your Life!”
Colossians 3:4

Introduction:

1. Years Ago, There Was A Radio Program & Then A Television Show Called:
 - “This Is Your Life!”
 - Probably One Of The Very First “Reality” TV Shows!
 - A Famous Or A Notable Person Would Be Brought In Before A Live Studio Audience:
 - And Then The Host Would Begin To Reunite Them With Some Of The Special People From Their Past!
 - And Usually:
 - It Was A Complete Surprise!
 - And The Phrase They Would Use Just Before They Shared Their Personal History Was Simply This:
 - “This Is Your Life!”
2. Well, This Morning, I Want For Us To Look At Some Verses:
 - From The Book Of Colossians:
 - Colossians 3:1-4!
 - But Before We Read Them, I Want You To Realize That:
 - If You Are A Christian, Then:
 - “This Is Your Life!”
 - 3:1-4 - “If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. / Set your affection on things above, not on things on the earth. / For ye are dead, and your life is hid with Christ in God. / When Christ, who is our life, shall appear, then shall ye also appear with him in glory!”
 - What Is Your Life, According To These Verses?
 - If You Look Closely At Verse 4 We Find The Answer!
 - “Christ Who Is Our Life!”
3. This Is An Astounding Truth That We Often Forget:
 - As We Live In This World!
 - As Christians / As The Children Of God!
 - That Jesus Christ Is Our Life!
 - And Although This Truth Can Be Stated In Just A Few Words – It Is Only 3 Words In Greek!
 - “Christ Our Life!”
 - Its Meaning & Its Impact On Our Lives Is Truly Deep & Profound!
 - Christian - “This Is Your Life!”
 - “Christ Is Your Life!”
 - What Does This Mean?
 - And How Should We Respond To This Truth?

* First - We Need To:

1. ***Trust In Christ As Our Life!***
 - What Was Man Before He Was Given Life At Creation?
 - Man Was Dust! We Were Dust!
 - Genesis 3:7 - “And the LORD God formed man of the dust of the ground!”
 - Although We Were Crafted By God Out Of Clay:
 - We Were Still Lifeless!
 - What Did We Need? Life!
 - And How Could We Receive Life?
 - Only Through God!
 - Genesis 3:7 Continues - “And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul!”
 - Only God Could Give Us Life Because He Is Life!
 - And He Breathed Into Us “The Breath Of Life!”
 - And Now, Christ Can Be Our Life As Christians, Because He Is:
 - The Person Of Life!
 - In His Conversation With Martha In John 11:25 - “Jesus said unto her, I am the resurrection, ***and the life:*** he that believeth in me, though he were dead, yet shall he live!”
 - So: Jesus Is The Very Definition Of Life!

- If You Want To Know What Life Is, You Have To Look To Jesus, Who Is Life!
- In His Conversation With Thomas In John 14:6 - "Jesus saith unto him, I am the way, the truth, **and the life**: no man cometh unto the Father, but by me.
 - So: Jesus Is The Very Description Of Life!
 - If You Want To Know What Life Is Like, You Have To Look To Jesus, Who Is Life!
- Jesus Is The Person Of Life!
 - And Without His Breath In Our Lives:
 - We Would Be Completely & Hopelessly Dead! Dead & Dusty & Dry Like The Valley Of Dead Bones In Ezekiel 37!
- But For Christians: **Christ Is Our Life!**
 - And We Must Trust In Him As Our Life!
 - But This Also Means That Christ Is:
- The Provider Of Life!
 - At The Beginning Of John's Gospel:
 - John Introduces Us To The One Who Gave Us Life To Begin With!
 - John 1:1-4 - "In the beginning was the Word, and the Word was with God, and the Word was God. / The same was in the beginning with God. / All things were made by him; and without him was not any thing made that was made. / In him was life; and the life was the light of men!"
 - People Have Been Trying To Discover The Source Of Life:
 - Because They Don't Like Death!
 - But When It Comes To Our Physical / Natural Life:
 - The World Just Doesn't Know What "Life" Is!
 - Scientists Describe Life As:
 - A "Process!"
 - Philosophers Describe Life As:
 - A "Principle!"
 - Doctors Describe Life As:
 - A "Condition!"
 - But What Is Life?
 - And What Is The Source Of Life?
 - It Is God!
 - Our Life Comes From His Breath!
 - But Not Just Our Physical / Natural Life!
 - Our Spiritual Life Also Can Only Come:
 - From Christ! And Through Christ!
 - 1 John 5:11-12 - "And this is the record, that God hath given to us eternal life, and this life is in his Son. / He that hath the Son hath life; and he that hath not the Son of God hath not life!"
 - Jesus Is The Provider Of Life!
 - And Without His Breath In Our Lives:
 - We Would Be Spiritually & Eternally Dead!
 - Christ Is Our Life!
 - And We Must Trust In Him As Our Life!
 - But This Also Means That Christ Is:
- The Promise Of Life!
 - What Did Man Become After The Fall?
 - Dead! Spiritually Dead!
 - Even Though Adam & Eve Continued To Live Their Physical / Natural Lives, They Had Died Spiritually!
 - And Every Person Who Has Ever Lived Since The Fall:
 - Begins Their Physical / Natural Life Spiritually Dead!
 - But Then God Himself Steps In!
 - And Offers Us Hope Through The Life Of His Son!
 - And Jesus Is The Promise Of Life!
 - Titus 1:2 - "In hope of eternal life, which God, that cannot lie, promised before the world began;
 - 2 Timothy 1:1 - "Paul, an apostle of Jesus Christ by the will of God, according to the promise of life which is in Christ Jesus!"
- Christ Is Our Life!

- And We Can Trust Him!
 - Because He Is:
 - The Person Of Life!
 - The Provider Of Life!
 - And The Promise Of Life!
- But This Truth Only Applies To Those Who Have Received Christ As Their Life!
 - Spurgeon - "Christ Is The Life Of Every Soul That Cleaves To Him!"
 - Is Christ Your Life Today?
- You May Be Alive Physically:
 - But You Will Never Be Completely & Truly Alive Unless You Are Joined With Christ & Given His Life!
 - 1 John 5:12 - "He That Hath The Son Hath Life; And He That Hath Not The Son Of God Hath Not Life!"
- Without Christ:
 - People Are Dead Even While They Live!

* And That Is Why Christians Also Need To:

2. *Thank Christ For Your Life!*

- We Must Live Our Lives As Christians:
 - Thanking & Praising & Glorifying The Lord Jesus:
 - Because He Our Life!
 - Galatians 2:20 - "I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me!"
 - We Can Praise & Thank The Lord Because Jesus Is:
- The Power For Our Lives!
 - The World Has A Hard Time Understanding & Defining:
 - What Life Is!
 - But When They Do Try To Explain Life:
 - They Do So In Terms Of What Life Does, Not What Life Is!
 - They Describe Life As:
 - Your Heart Beating / Your Lungs Breathing / Your Eyes Blinking / Your Cells Metabolizing / The Neurons In Your Brain Transmitting!
 - And When This Stops:
 - You Are Described As Being "Braid Dead!"
 - But This Is All Evidence Of Life, Not Life Itself!
 - But Any Evidence Of Life Is Good!
 - And Any Motion Of Life:
 - Reveals A Connection To Life!
 - Acts 17:28 - "For in him we live, and move, and have our being!"
 - Now Matter How Dead A Person Is In Their Trespasses & Sins - They Still Owe Their Physical Life To God!
 - Whether They Recognize That Or Not!
 - But The Same Is True For The Spiritual Life:
 - Of Those Who Are Trusting In Jesus!
 - Jesus Is The Power Of Your Life As Well!
 - He Is The One Who Enables & Sustains:
 - Any Spiritual Motion In Your Life!
 - "Christ Liveth In Me!"
 - And Any Thought / Desire / Action:
 - That You Have As A Christian That Pleases The Lord:
 - Comes From Christ As Your Life!
 - Comes From Christ Living In You!
 - Oh How We Must Trust In Him:
 - For These Motions Of Our Spiritual Life!
 - And How We Should Thank Him!
- For Christ Is Our Life!
 - We Can Also Praise & Thank The Lord Because Jesus Is:

- The Pattern For Our Lives!
 - In John 13, Jesus Took A Towel, And Began To Wash The Feet Of His Disciples!
 - And After He Did So - He Said To Them In 13:12-17 - “ So after he had washed their feet, and had taken his garments, and was set down again, he said unto them, Know ye what I have done to you? / Ye call me Master and Lord: and ye say well; for so I am. / If I then, your Lord and Master, have washed your feet; ye also ought to wash one another’s feet. / For I have given you an example, that ye should do as I have done to you. / Verily, verily, I say unto you, The servant is not greater than his lord; neither he that is sent greater than he that sent him. / If ye know these things, happy are ye if ye do them!”
 - Jesus Did This As An Example For Us & To Explain To Us:
 - What It Means To Have Christ As Our Life!
 - You See - Because Christ Is The Life Of His People - Through Us, He Continues His Ministry On Earth!
 - If You Ever Wonder How You Should Live:
 - Remember That Christ Is Your Life!
 - And He Demonstrates For Us What It Means To Truly Live!
 - So Follow His Example!
 - And Rely On His Power!
 - Because Only He Can Make Life Clear For Us!
- For Christ Is Our Life!
 - And We Must Thank Him & Praise Him!
 - Because He Is:
 - The Power For Our Life!
 - And The Pattern For Our Life!

* But As Christians, We Also Need To Continue To:

3. ***Turn To Christ As Our Life!***

- Paul Understood This When He Wrote:
 - Philippians 1:21 - “For to me to live is Christ, and to die is gain!”
 - For Paul, Christ Was Not Only The Source Of His Life & The Very Essence Of His Life!
 - Christ Was Also The:
- Purpose For Life!
 - That Is - Jesus Was His Overall Goal & Purpose:
 - For Living!
 - When Someone Or Something Is Your Life:
 - Then Your Life Revolves Around That!
 - Like A Person In Love With Another!
 - Or Like A Person Who Has Such A Strong Interest Or A Hobby!
 - And This Is Usually Different For Every Person!
 - But For Christians – This Desire / Purpose:
 - Is To Be The Same!
 - It Is To Be Christ!
 - Because Christ Is Your Life & My Life:
 - We Have That In Common!
 - And Our Greatest Desire & Purpose:
 - Ought To Be This:
 - Philippians 3:10 - “That I may know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable unto his death!”
 - Are You Still Turning To The Lord Jesus:
 - As The Purpose For Your Life?
 - After All:
 - Christ Is Your Life!!
 - And He Is Also The:
- Perfection Of Life!
 - Having Christ As Your Life:
 - Means That So Much Of What We Worry About In This Life Is Unnecessary!
 - Because Of One Of The Great Promises Jesus Himself Gave To His Disciples In:
 - John 14:19 - “Because I Live, Ye Shall Live Also!”

- It Is Christ's Life:
 - That Completes & Perfects Anything That Is Incomplete & Imperfect In Our Lives!
- Has There Been Failure In Your Life?
 - I've Known Many Entrepreneurs Who Were Complete Failures:
 - In Their Start-Up Businesses!
 - Some Where Unbelievers:
 - And They Were Almost To The Point Of Complete Distress & Despair!
 - But Some Where Believers:
 - And They Realized That Their Life Was Defined Not By That Failure, But By Christ!
 - And His Faithfulness To Them Was Complete!
 - And His Faithfulness To Them Was All They Needed!
 - And Instead Of Hopelessness:
 - The Life Of Christ Gave Them Hope!
 - And This Is Why Back In Colossians 3:4:
 - Paul Says: "When Christ, who is our life, shall appear, then shall ye also appear with him in glory!"
 - Christ Is The Perfection Of Our Lives:
 - Because Christ Is Our Life!
 - And That Gives Us Hope!
- Or Has There Been Weakness In Your Life?
 - A Time Of Physical Weakness Or Spiritual Weakness!
 - We Can Turn To The Life Of Christ:
 - Because His Strength Is Complete And All We Need!
 - John 6:35 - "And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst!"
 - In Times Of Weakness, We Must Turn To The Lord For His Strength!
 - Because Christ Is Our Life!
- Or Has There Been Incompleteness In Your Life?
 - How Many People Have Lived Their Lives:
 - And Felt That They Did Not Accomplish Very Much In Their Lives?
 - Many! Probably Most!
 - How About You?
 - You Need To Know That:
 - When Christ Is Your Life:
 - His Work Is Complete & Is All You Need!
- The Perfect & Complete Life Of Christ Belongs:
 - To Each One Of His People!
 - So No Matter What Failures Or Weakness Or Incompleteness We Experience In This Fallen World:
 - We Are Accepted By The Father Through Christ!
 - And You Will Enter Into Eternal Life As Complete As Your Savior!
- Because:
 - Christ Is Your Life!

Conclusion:

1. What A Simple Yet Profound Truth:
 - "Christ Who Is Our Life!"
 - Yet How Much Do We Really Think About This Truth?
 - Christ Is Our Life – Because He Is:
 - The Person Of Life!
 - The Provider Of Life!
 - The Promise Of Life!
 - The Power For Life!
 - The Pattern For Life!
 - The Purpose For Life!
 - And The Perfection Of Life!
2. Christ Is Our Life!
 - We Need To Trust In The Life Of Christ!

- We Need To Be Thankful For The Life Of Christ!
- We Need To Keep Turning To The Life Of Christ!
- Gill - "Christ Is The Author Of Spiritual Life, The Fountain From Which It Springs, The Object On Which The Saints Live, Yea, Their Very Life Itself; It Is Not So Much They That Live, As Christ That Lives In Them!"
- Christ Is Our Life!

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