

**Matthew 6:24-34** “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money. **25** “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? **26** Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? **27** And which of you by being anxious can add a single hour to his span of life? **28** And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, **29** yet I tell you, even Solomon in all his glory was not arrayed like one of these. **30** But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? **31** Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ **32** For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. **33** But seek first the kingdom of God and his righteousness, and all these things will be added to you. **34** “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

### **I. Whom do you serve? (v24)**

#### *A. God = THE ROCK*

**Deuteronomy 32:3 & 4** For I will proclaim the name of the Lord; ascribe greatness to our God! **4** “The Rock, his work is perfect, for all his ways are justice. A God of faithfulness and without iniquity, just and upright is he.

**Psalms 18:31** For who is God, but the Lord? And who is a rock, except our God?—

**Psalms 18:46** The Lord lives, and blessed be my rock, and exalted be the God of my salvation—

**Psalms 61:2** from the end of the earth I call to you when my heart is faint. Lead me to the rock that is higher than I,

**Psalms 62:2** He alone is my rock and my salvation, my fortress; I shall not be greatly shaken.

#### *B. Money = The sand*

**Proverbs 11:28** Whoever trusts in his riches will fall, but the righteous will flourish like a green leaf.

**Proverbs 23:5** When your eyes light on it, it is gone, for suddenly it sprouts wings, flying like an eagle toward heaven.

**Ecclesiastes 5:12** Sweet is the sleep of a laborer, whether he eats little or much, but the full stomach of the rich will not let him sleep.

**Matthew 7:24-27** “Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. And everyone who hears these words of mine and does not do them will be like a

foolish man who built his house on the sand. And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it.”

## II. Why do you worry? (v25-32)

A. *The command and the reason (v25)*

B. *Look at the birds (v26 & 27)*

C. *Look at the flowers (v28-30)*

D. *Command repeated (v31 & 32)*

## III. What should you do? (v33 & 34)

A. *The command (v33a)*

**Isaiah 26:20 & 21** Come, my people, enter your chambers, and shut your doors behind you; hide yourselves for a little while until the fury has passed by. For behold, the Lord is coming out from his place to punish the inhabitants of the earth for their iniquity, and the earth will disclose the blood shed on it, and will no more cover its slain.

- “come my people”

**Deuteronomy 4:29** But from there you will seek the Lord your God and you will find him, if you search after him with all your heart and with all your soul.

**Psalms 34:8-10** Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him! Oh, fear the Lord, you his saints, for those who fear him have no lack! The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

**Hosea 10:12** Sow for yourselves righteousness; reap steadfast love; break up your fallow ground, for it is the time to seek the Lord, that he may come and rain righteousness upon you.

**Acts 17:27** that they should seek God, and perhaps feel their way toward him and find him. Yet he is actually not far from each one of us,

**James 4:8** Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.

- Enter into your chambers and shut the door behind you = Prayer Time

**Matthew 6:5 & 6** “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

**Isaiah 37:14 & 15** Hezekiah received the letter from the hand of the messengers, and read it; and Hezekiah went up to the house of the Lord, and spread it before the LORD. And Hezekiah prayed to the LORD:

- Stop by substitute

**Philippians 4:8** Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

**2 Peter 1:3–8** His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire. For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, and godliness with brotherly affection, and brotherly affection with love. For if these qualities are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ.

*B. The promise (33b)*

- Consider what He's done in the past = GRATITUDE

**1 Thessalonians 5:16–19** Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit.

- Consider what He has shown in His word

**Romans 15:4** For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope.

- Consider His great and precious promises

**2 Corinthians 1:21** And it is God who establishes us with you in Christ, and has anointed us, *Remember this. . . whatever we have in this life is better than we deserve . . .*

**Lamentations 3:21–26** But this I call to mind, and therefore I have hope: The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. "The LORD is my portion," says my soul, "therefore I will hope in him." The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD.

*C. The reason*

- Does worry do anything for anyone other than negative things?
- Does gratitude do anything for anyone other than positive things?