

## **MARK 13: 7-8**

### **"BEWARE OF DEPRESSION"**

We all battle with our flesh, our fallenness and our feelings. In his closing sermon to the disciples, and to all of us disciples to come, our lord gave some dangers that would rob us of the joy and strength and hope, of expectancy.

READ MARK 13:7-8 WITH ME:

Mark 13:7-8 And when ye shall hear of wars and rumours of wars, be ye not troubled: for [such things] must needs be; but the end [shall] not [be] yet. 8 For nation shall rise against nation, and kingdom against kingdom: and there shall be earthquakes in divers places, and there shall be famines and troubles: these [are] the beginnings of sorrows. (KJV)

Mark 13:7-8 When you hear of wars and rumors of wars, do not be alarmed. Such things must happen, but the end is still to come. 8 Nation will rise against nation, and kingdom against kingdom. There will be earthquakes in various places, and famines. These are the beginning of birth pains. (NIV)

### **STORY ON DEPRESSION OF LINCOLN BY SWINDOLL AND POEM**

THE SCRIPTURES WARN OF MANY AREAS THAT CAUSE DEPRESSION. HERE ARE THREE MAJOR ONES:

DOWN IN THE DUMPS [PSALM 119:25-32]

Psalm 119:25-32 I am laid low in the dust; preserve my life according to your word. 26 I recounted my ways and you answered me; teach me your decrees. 27 Let me understand the teaching of your precepts; then I will meditate on your wonders. 28 My soul is weary with sorrow; strengthen me according to your word. 29 Keep me from deceitful ways; be gracious to me through your law. 30 I have chosen the way of truth; I have set my heart on your laws. 31 I hold fast to your statutes, O LORD; do not let me be put to shame. 32 I run in the path of your commands, for you have set my heart free. He (NIV)

KEPT IN PERFECT PEACE [ISA. 26:3]

GUARDED AND GUIDED [PH 4:6-8]

#### **1. THE DEPRESSION OF INSECURITY [MK 13:7-8]**

SOLUTION=SEE YOUR ULTIMATE SECURITY IS IN THE GOD WHO IS [HEB 13:8] GOD HAS NOT CHANGED HE IS STILL THE ROCK. LOOK AT THE PSALMS TO SEE HIM:

#### ROCK [6] IN PSALMS

18:2	SHELTER
18:46	SAVIOR
40:2	SECURITY
61:2	SOLACE
62:7	STRENGTH
81:16	SATISFACTION

WHY DO WE NEED SUCH SECURITY? LOOK WHATS COMING:

THE END WILL HAVE THESE EVENTS:

- I. TERRIFYING EVENTS ON EARTH AND IN HEAVEN= LUKE 21:25-26
  - A. Luke 21:25-26 "There will be signs in the sun, moon and stars. On the earth, nations will be in anguish and perplexity at the roaring and tossing of the sea. 26 Men will faint from terror, apprehensive of what is coming on the world, for the heavenly bodies will be shaken. (NIV)
  - B. Luke 21:25-26 And there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, with perplexity; the sea and the waves roaring; 26 Men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken. (KJV)
- II. OLD TESTAMENT PROPHETIC SIGNS FULFILLED
  - A. ISAIAH 13:6-16
- III. CHRIST COMES IN GREAT GLORY DAN 7:13-14