

Deliverance from Despondency

Psalm 13

* Hebrews 4:14-16

I. The **REACH** of David's depression is expressed by the phrase _____ which is mentioned _____ times in vv 1-2

A. In these verse, we see David focusing on:

1. The _____ of his trial

2. The _____ of his trial

B. David's first "how long" question is an expression of _____

C. David's second "how long" question is an expression of _____

D. David's third "how long" question is an expression of _____

* What is the result of our self effort?

E. David's fourth "how long" question is an expression of _____

II. The **REMEDY** for David's depression is expressed by the phrase _____ in which he utilizes the privilege of _____ (vv 3-4)

A. David's focus shifts from himself to his _____ God, as expressed by the words _____ in verse 3

* "Enlighten my eyes" is a request for _____

B. David places the trial in the _____ hands (v 4)

* I Peter 5:7; Ps 55:22

* Do you know the promises of God?

III. The **RELIEF** of David's depression is expressed by the phrases _____
_____ and _____ which resulted from his
willingness to _____ in God's mercy (vv 5-6)

A. David rejoiced in his _____

B. David recognized that the Lord had _____ with him.

IV. The **RELEVANCY** for You today

* Did God change?

* Has God **EVER** changed?

* Did David's circumstances change?

* Did David change?

* What does this mean to you?