

Hebrews

9:3-5

Exodus 25:8-9

And let them make me a sanctuary, that I may dwell in their midst. Exactly as I show you concerning the pattern of the tabernacle, and of all its furniture, so you shall make it.

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Exodus 16:1-36

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How do you suddenly feed a million people
in a desert?

You don't, because you can't.

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It is extremely interesting to see how
manna (provision) and Sabbath (rest)
are tied together.

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Exodus 31:12-17

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What many people fail to realize is that God had commanded not only a once-a-week Sabbath day as a sign to rest in God, but God had also commanded additional monthly Sabbaths, 7-year Sabbaths and a 50th year Sabbath. All of the sabbaths were equally a part of God's law to the Israelites.

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Why did a little work on the Sabbath deserve execution?

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The Sabbath was THE sign of the covenant, and to violate God's covenant sign was to reject God Himself.

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Have you ever picked up a stick on the Sabbath? Or done other work? Does this mean that we should put you to death?

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The sabbaths, as well as the manna, were given to a specific people that had to do with a specific covenant, that has now been replaced by the New Covenant. Christ is our Sabbath rest and our Bread from Heaven.

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Deuteronomy 5:12-15

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The Sabbath was to remind them of the oppression and nonstop work of being a slave under Pharaoh and to reflect on the redemption, rest, and provision that the Lord had accomplished.

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The New Testament rarely speaks of the Sabbath, and when it does, it is to show that something greater has come, and that the Sabbath day rest is no longer required.

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Colossians 2:16-17

Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. These are a shadow of the things to come, but the substance belongs to Christ.

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He says this, because there was a time when they actually were to pass judgment on one another for these things, but that time has passed.

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Under the New Covenant, Jesus fulfills the typological lessons of the manna and reveals Himself to be the greater manna that provides ultimate provision and rest for our souls.

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John 6:25-59

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It is in Jesus Christ that we find our sustenance, provision, and our rest.

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1. Some people have tried to say that the appearance of the manna was not supernatural, but a completely natural phenomenon. What do you think? Can you prove your case from scripture? Feel free to brainstorm first, but also feel free to look back over the following areas for assistance.
 - A. Exodus 16
 - B. Psalm 78:23-25
 - C. Nehemiah 9:13-15
 - D. John 6:32
2. Even after all that God had done to rescue and care for the Israelites, so many of them continued to doubt God, grumble, and complain about their situation and about God. See:
 - A. Exodus 14:10-14
 - B. Exodus 15:22-27
 - C. Exodus 16:1-3
 - D. Do you ever grumble and complain against to God about the difficult situation that you are in? What lesson(s) could you possibly learn from the negative example of the Israelites?
3. The Old Testament is filled with commands from God for the Israelites to remind or to teach the coming generations of the lessons that they had learned from God. See Exodus 16:33, Psalm 78:5-8, Deuteronomy 6:6.
 - A. Was the passing on of the knowledge of the Bible, sound doctrine, and holy living passed down to you from within your household? Why, or why not?
 - B. Brainstorm as a table and think of ways to make sure that the younger generations are being reached. Think about various roles that you may play as a parent, grandparent, relative, friend of those with kids, and even as a church member?