

# THE RESURRECTION OF JESUS CHRIST AND THE BELIEVERS

## I. THE RESURRECTION OF JESUS CHRIST – Matthew 28:1-15

- A. Jesus' spirit left His body as soon as He died on the cross.
- B. Jesus' body remained in the grave for three days, and then He was physically raised from the dead in that He was given a powerful, immortal, spiritual and glorified body.
- C. Jesus was the 1<sup>st</sup> person to be resurrected, the first fruits – 1 Corinthians 15:20. He lived, He died and He rose again, and He lives forever. Revelation 1:17b-18
- D. Jesus knew that His death and resurrection was part of God's plan. John 17:4
- E. Jesus had told the disciples that He would be killed and be raised again. Matthew 12:40
- F. God the Father promised His Son that He would be raised from the dead. Psalm 16:8-11
- G. The first people Jesus met after the resurrection were some women. Matthew 28:8-10
- H. Jesus then met His disciples. 1 Corinthians 15:3-6, Acts 1:1-3
- I. Jesus was on earth 50 days after His resurrection, and then He ascended into heaven.
- J. Satan and many false teachers have continually denied the truth of the resurrection.

## II. THE RESURRECTION MESSAGE IS BOTH SPIRITUAL AND PHYSICAL

- A. Christ's resurrection means you were spiritually made alive, and will physically be made alive. The resurrection is to affect you in both a spiritual and physical sense.
- B. The spiritual nature of the resurrection - the old self was crucified with Christ and was united with Him in His resurrection. We are spiritually alive in Christ. Ephesians 2:1-7
- C. The physical resurrection is still to come.

## III. THE RESURRECTION WAS THE MESSAGE OF THE EARLY CHURCH

Acts 2:22-24, 2:29-32, 3:13-15, 4:8-12, 5:27-32, 10:34-43

#### IV. THE PHYSICAL RESURRECTION OF THE BELIEVERS

A. Romans 8:30 - this is speaking about your spiritual life, but also your physical life.

B. 1 Corinthians 1:30 – the day of redemption is that day in the future when you will be glorified, when you will receive your brand new body. Ephesians 4:30

C. John 11:20-27 – the story about Lazarus is a lesson about the resurrection, and that our resurrection is through Jesus Christ. God wants you to understand that Jesus is the means by which you can spiritually and physically be resurrected.

D. Mark 13:27 – the day when Christ returns is when all believers who have already died will be resurrected from the dead, that all believers on earth at that time will be raptured into heaven, that all these believers then will be glorified.

E. 1 Thessalonians 4:13-17 – All believers, past and present, will be glorified on the day Christ returns. There will be the resurrection of believers who have died and the rapture of believers who are alive. The key is verse 14 - "*We believe Jesus died and rose again.*"

F. 1 Corinthians 15 is the most important chapter in the Bible on the resurrection, on the resurrection of Jesus Christ, and on the resurrection of the believers. Christ was raised about 2000 years ago – He was the first fruits – verse 20. Believers will be raised at the 2<sup>nd</sup> coming of Christ, and this will take place very soon – vs. 23.

I WANT TO KNOW CHRIST AND THE POWER OF HIS RESURRECTION  
AND THE FELLOWSHIP OF HIS SUFFERING, ... IN ORDER THAT  
I MAY ATTAIN TO THE RESURRECTION OF THE DEAD.

Philippians 3:10-11

#### SOME QUESTIONS FOR DISCUSSION AND APPLICATION

1. What is the main thing you believe that God wants you to learn from this lesson?
2. What does it mean for Jesus to be the first fruits?
3. Why do you think Jesus appeared first to some women?
4. What does it mean that the resurrection is both a spiritual and physical message?
5. Why is it important to talk about the resurrection when we share the gospel?
6. When will all the believers be resurrected or raptured?
7. Why is it important to be looking forward to this day, this day when you will be glorified?