

The Heidelberg Catechism

44. Why is it added: “He descended into hell?”

That in my greatest temptations I may be assured that Christ my Lord, by His inexpressible anguish, pains, and terrors, which He suffered in His soul on the cross and before, has redeemed me from the anguish and torment of hell.¹

¹ Ps 18:5; 116:3; Isa 53; Mt 26:36-46, 27:46; Heb 5:7-10