



MARK: THE GOSPEL IN ACTION

“The Real Source of Our
Defilement”

MARK 7:14-23

Mark 7:14–23 (ESV)

14 And He called the people to Him again and said to them, “Hear Me, all of you, and understand:

15 There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him.”

16 If anyone has ears to hear, let him hear.

Mark 7:14–23 (ESV)

17 And when He had entered the house and left the people, His disciples asked Him about the parable.

18 And He said to them, “Then are you also without understanding? Do you not see that whatever goes into a person from outside cannot defile him,

Mark 7:14–23 (ESV)

19 since it enters not his heart but his stomach, and is expelled?” (Thus he declared all foods clean.)

20 And He said, “What comes out of a person is what defiles him.

21 For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery,



Mark 7:14–23 (ESV)

22 coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness.

23 All these evil things come from within, and they defile a person.”



**I. The Source of Our Defilement
Stated Generally (vv. 14-16)**

**II. The Source of Our Defilement
Stated More Specifically (vv. 17-23)**



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Matthew 5:8 (ESV)

8 “Blessed are the pure in heart, for they shall see God.



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Jeremiah 17:9 (ESV)

9 The heart is deceitful above all things, and desperately sick; who can understand it?

Romans 3:10–18 (ESV)

10 as it is written: “None is righteous, no, not one;

11 no one understands; no one seeks for God.

12 All have turned aside; together they have become worthless; no one does good, not even one.”



Romans 3:10–18 (ESV)

13 “Their throat is an open grave;
they use their tongues to deceive.”

“The venom of asps is under their
lips.”

14 “Their mouth is full of curses and
bitterness.”

15 “Their feet are swift to shed
blood;

16 in their paths are ruin and misery,



Romans 3:10–18 (ESV)

17 and the way of peace they have not known.”

18 “There is no fear of God before their eyes.”



Romans 3:23 (ESV)

23 for all have sinned and fall short of the glory of God,

Romans 7:24 (ESV)

24 Wretched man that I am! Who will deliver me from this body of death?

John 3:3 (ESV)

3 Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.”

Ezekiel 36:26 (ESV)

26 And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.

Romans 6:3–4 (ESV)

3 Do you not know that all of us who have been baptized into Christ Jesus were baptized into His death?

4 We were buried therefore with Him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

2 Corinthians 5:17 (ESV)

17 Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Revelation 21:5 (ESV)

5 And He who was seated on the throne said, “Behold, I am making all things new.” Also He said, “Write this down, for these words are trustworthy and true.”