Administering The Lord's Supper, 1 Cor. 10:14-16 More Than A Memorial

"Therefore, my beloved, flee from idolatry. I speak as to sensible people; judge for yourselves what I say. The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?"

The Lord's Supper is more than a memorial. We are really fellowshipping with the resurrected Christ, because of the action of His Spirit.

There is no sacrifice made in this event. But the meal, our eating and our drinking bread and wine, are spiritual food and spiritual drink giving us spiritual fellowship with the Lord.

Look at Paul's question, "The cup of blessing...is it not a participation in the blood of Christ?" The question carries the answer. Yes. The answer is in the word fellowship. That is the Greek word koinonia. We have real fellowship with Christ, meaningful participation with Jesus in His spilled blood.

Listen for it as Paul asks a second question, that is similar. "The bread that we break is it not a participation in the body of Christ?" Yes! It is a fellowship. It is a participation.

Eating the bread today and drinking the cup are receiving the sustenance TODAY that comes from the historical sacrifice of the Lord. How can that be? Because He rose again, and He lives, and He commanded us to participate in this bread and cup, to participate in this koinonia, this fellowship, this communion with Christ. It is more than a memorial.

Eating the bread is taking Christ into our hearts – not physically or locally in the bread, but through the ministry of The Holy Spirit.

Drinking the cup is receiving Christ by a sign and seal, but we receive Christ in reality by faith.

This we call sacramental union, it is a spiritual relation between the sign and the reality, between the bread and the body of Christ. A relation between the cup and the blood of Christ. It is more than a memorial.