



MAKING
SENSE OF
FORGIVENESS
DISCIPLESHIP HOUR



EMBRACING GOD'S FORGIVENESS

1. UNCONDITIONAL FORGIVENESS?

2. FORGIVE AND FORGET?

A Forgetting Process

1. See the person as a person and not their offense.
2. In mercy, relate to them cordially based on their role in your life.
3. Allow their response of appreciation to develop warmth toward them.
4. Let this process facilitate healthy restoration over time.

3. FORGIVE MYSELF?