

*“My God, My God, Why?” - Psalm 22:1*

**<sup>1</sup> My God, My God, why have You forsaken Me?  
Why are You so far from helping Me,  
And from the words of My groaning? Psalm 22:1**

**<sup>46</sup> And about the ninth hour Jesus cried out with a loud voice, saying,  
“Eli, Eli, lama sabachthani?” that is, “My God, My God, why have You  
forsaken Me?” Matthew 27:46**

**<sup>34</sup> And at the ninth hour Jesus cried out with a loud voice, saying,  
“Eloi, Eloi, lama sabachthani?” which is translated, “My God, My God,  
why have You forsaken Me?” Mark 15:34**

“Our Lord ... by taking these first words on his lips he stamped the Psalm as  
belonging to Himself.” *Ludolph, the Carthusian 1350*

*Jesus speaking these words from Psalm 22 from the cross tell us the rest of the  
Psalm is His as well. Verse 1 provides us His words from the cross, the rest of the  
Psalm, His thoughts!*

*What should we see in the words of Psalm 22:1?*

## *I. Jesus’ possessive faith in God -* **My God, My God ... Psalm 22:1 A**

*1. God the Father is twice called “My God” by Jesus*

*A. This is the relationship Jesus always had with the Father –*

**1 In the beginning was the Word, and the Word was with God, and the  
Word was God. <sup>2</sup> He was in the beginning with God. John 1:1**

*B. Jesus is in pain: physical, emotional, spiritual ... **My groaning**  
KJV - **and from the words of my roaring** Groaning, roaring like a beast was  
Jesus’ emotion / in His heart. Yet, He is still thinking, He is speaking Words ... His  
faith continues, His hold on God continues, in pain He does not sin!*

*C. We are commanded to love God –*

**<sup>4</sup>“Hear, O Israel: The LORD our God, the LORD is one! <sup>5</sup> You shall love the LORD your God with all your heart, with all your soul, and with all your strength. Deuteronomy 6:4-5**

*Jesus never for one moment broke this command, He always, constantly Loved God with all His heart, with all His soul, with all strength – when Jesus cries “My God, My God” lets not hear only pain, but undiminished, unmatched LOVE!*

(1.) Christ, in his sufferings, cried earnestly to his Father for his favour and presence with him. He cried *in the day-time*, upon the cross, *and in the night-season*, when he was in agony in the garden. *He offered up strong crying and tears to him that was able to save him*, and with some fear too, Heb. 5:7.

(2.) Yet God forsook him, was far from helping him, and did not hear him, and it was this that he complained of more than all his sufferings. God delivered him into the hands of his enemies; it was by His determinate counsel that he was crucified and slain, and he did not give in sensible comforts. But, Christ having made himself sin for us, in conformity thereunto the Father laid him under the present impressions of his wrath and displeasure against sin. *It pleased the Lord to bruise him and put him to grief*, Isa. 53:10. But even then, He kept fast hold of his relation to his Father as his God, by whom he was now employed, whom he was now serving, and with whom He should shortly be glorified. Matthew Henry

## ***II. Jesus’ wonderful question – why have You forsaken Me? Psalm 22:1 B***

*Why have YOU? Forsaken Me?*

*1. Why have you My Father forsaken Me Your Son?*

*A. At John’s baptism at the beginning of Jesu’ ministry, God spoke from Heaven -*

**<sup>17</sup> And suddenly a voice came from heaven, saying, “This is My beloved Son, in whom I am well pleased.” Matthew 3:17**

*B. At the transfiguration, for a time with Moses & Elijah, Jesus is preferred by God -*

<sup>5</sup> While he was still speaking, behold, a bright cloud overshadowed them; and suddenly a voice came out of the cloud, saying, “This is My **beloved Son**, in whom I am well pleased. Hear Him!” Matthew 17:5

*C. God is a loving Heavenly Father, Who forgives sin –*

<sup>12</sup> **As far as the east is from the west, So far has He removed our transgressions from us. <sup>13</sup> As a father pities *his* children, So the LORD pities those who fear Him. <sup>14</sup> For He knows our frame; He remembers that we *are* dust. Psalm 103:12-14**

*Yet, He allows His sinless Son to suffer, Why?*

*2. God is also a Judge –*

<sup>22</sup> **(For the LORD *is* our Judge, The LORD *is* our Lawgiver, The LORD *is* our King; He will save us); Isaiah 33:22**

*Why would God as a Righteous Judge, punish the only innocent man Who ever walked the earth?*

*A. Definitely, not for sin Jesus committed, because Jesus never committed sin –*

<sup>15</sup> **For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as we *are*, yet without sin. Hebrews 4:15**

*B. Jesus did not know sin, He on the cross was “made sin” in order that us sinners might be made righteous –*

<sup>21</sup> **For He made Him who knew no sin *to be* sin for us, that we might become the righteousness of God in Him. 2 Corinthians 5:21**

*3. Why does God forsake His only begotten Son, Jesus? To save us –*

<sup>14</sup> **And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, <sup>15</sup> that whoever believes in Him should not perish but have eternal life. <sup>16</sup> For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. John 3:14-16**

*A. Fact is, Jesus mentioning this in John 3 shows He knew it all along!*

B. *Fact is, Psalm 22 speaking of it shows God / Jesus knew Jesus would die for us long before Jesus was born into our world!*

C. *The Why is Love for us, from the Father and Son!*

4. *Why does God as a righteous Judge execute an innocent Man? Because this is a righteousness designed to save sinners –*

A. *The law could not save sinners -*

**<sup>19</sup> Now we know that whatever the law says, it says to those who are under the law, that every mouth may be stopped, and all the world may become guilty before God. <sup>20</sup> Therefore by the deeds of the law no flesh will be justified in His sight, for by the law is the knowledge of sin. Romans 3:19-20**

B. *God's righteousness would be imputed to us through faith -*

**<sup>21</sup> But now the righteousness of God apart from the law is revealed, being witnessed by the Law and the Prophets, <sup>22</sup> even the righteousness of God, through faith in Jesus Christ, to all and on all who believe. For there is no difference; <sup>23</sup> for all have sinned and fall short of the glory of God, <sup>24</sup> being justified freely by His grace through the redemption that is in Christ Jesus, <sup>25</sup> whom God set forth as a propitiation by His blood, through faith, to demonstrate His righteousness, because in His forbearance God had passed over the sins that were previously committed, <sup>26</sup> to demonstrate at the present time His righteousness, that He might be just and the justifier of the one who has faith in Jesus. . Romans 3:19-26**

C. *Man's boasting would be excluded*

**<sup>27</sup> Where is boasting then? It is excluded. By what law? Of works? No, but by the law of faith. <sup>28</sup> Therefore we conclude that a man is justified by faith apart from the deeds of the law. <sup>29</sup> Or is He the God of the Jews only? Is He not also the God of the Gentiles? Yes, of the Gentiles also, <sup>30</sup> since *there is* one God who will justify the circumcised by faith and the uncircumcised through faith. <sup>31</sup> Do we then make void the law through faith? Certainly not! On the contrary, we establish the law. Romans 3:27-31**

5. *So, the answer to why? IS: Our salvation and God's glory! Jesus knew, He prayed –*

**17 Jesus spoke these words, lifted up His eyes to heaven, and said: “Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, <sup>2</sup>as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. John 17:1-2**

*III. Jesus' being forsaken, His God, His Father, ignoring His prayer was real, but He endured suffering (for a time) for our (eternal) joy –*

**... Why are You so far from helping Me, And from the words of My groaning? Psalm 22:1 C**

*The physical pain of the cross itself*

*The greater spiritual and emotional pain of being made sin of His Father in a very real way – forsaking Him – taking away all Divine comforts ...*

*Comforts we all enjoy on this earth, to a degree in Heaven without limit and in Hell NOT AT ALL!*

**<sup>2</sup>looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. Hebrews 12:2**

*His even asking WHY was for our sake!*

*Arnold Brevick*