

Mark's Gospel—Jesus' True Identity Reveals the Magnitude of His Sacrifice

10:30 Morning Worship Service:

Mark 2:23-3:6

Let Us Find Our Rest in Jesus

Because Jesus is the Lord of the Sabbath, He is Our Rest.

1. They Accused Jesus of Breaking Sabbath Law (23-24).

2. Jesus Answers that He Is the Lord of the Sabbath (25-28).

3. He Shows Them Sabbath Restoration (1-5).

4. They Refused His Rest (6).

Conclusion: Mark records for us in this passage the way in which Jesus demonstrated His authority over the God-given Sabbath as a clear proclamation of His divinity. Even more than that, as Lord of the Sabbath, Jesus restores a man's withered hand to show how He is completely our rest. This gospel display reveals *both* Christ's *sufficiency* and the *insufficiency* of the self-righteous, and they hate Him for it. We, however, should rest completely in Him and thus know the joy for which the Sabbath was given us by the Lord.

Exodus 20:9-11

“Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

Exodus 31:12-17

¹² And the Lord said to Moses, ¹³ “You are to speak to the people of Israel and say, ‘Above all you shall keep my Sabbaths, for this is a sign between me and you throughout your generations, that you may know that I, the Lord, sanctify you.’ ¹⁴ You shall keep the Sabbath, because it is holy for you. Everyone who profanes it shall be put to death. Whoever does any work on it, that soul shall be cut off from among his people. ¹⁵ Six days shall work be done, but the seventh day is a Sabbath of solemn rest, holy to the Lord. Whoever does any work on the Sabbath day shall be put to death. ¹⁶ Therefore the people of Israel shall keep the Sabbath, observing the Sabbath throughout their generations, as a covenant forever. ¹⁷ It is a sign forever between me and the people of Israel that in six days the Lord made heaven and earth, and on the seventh day he rested and was refreshed.”

Hebrews 4:9-10

So then, there remains a Sabbath rest for the people of God, for whoever has entered God’s rest has also rested from his works as God did from his.

First Samuel 21:1-6

Then David came to Nob, to Ahimelech the priest. And Ahimelech came to meet David, trembling, and said to him, “Why are you alone, and no one with you?” And David said to Ahimelech the priest, “The king has charged me with a matter and said to me, ‘Let no one know anything of the matter about which I send you, and with which I have charged you.’ I have made an appointment with the young men for such and such a place. Now then, what do you have on hand? Give me five loaves of bread, or whatever is here.” And the priest answered David, “I have no common bread on hand, but there is holy bread—if the young men have kept themselves from women.” And David answered the priest, “Truly women have been kept from us as always when I go on an expedition. The vessels of the young men are holy even when it is an ordinary journey. How much more today will their vessels be holy?” So the priest gave him the holy bread, for there was no bread there but the bread of the Presence, which is removed from before the Lord, to be replaced by hot bread on the day it is taken away.

Second Corinthians 12:9-12

But he said to me, “My grace is sufficient for you, for *my power is made perfect* in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.