A VIEW OF PSALM 40

To the choirmaster. A Psalm of David.

A – Wait for the Lord to act, deliver, and bring joy, all for a testimony to His Grace.

I waited patiently for the Lord; he inclined to me and heard my cry. He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord.

B – Blessing is in the Lord, not in straying from Him.

Blessed is the man who makes the Lord his trust, who does not turn to the proud, to those who go astray after a lie!

C – His multiplied deeds compound His testimony.

You have multiplied, O Lord my God, your wondrous deeds and your thoughts toward us; none can compare with you!

I will proclaim and tell of them, yet they are more than can be told.

D – God rejects formal religion but embraces covenant obedience.

In sacrifice and offering you have not delighted, but you have given me an open ear. Burnt offering and sin offering you have not required.

Then I said, "Behold, I have come; in the scroll of the book it is written of me: I delight to do your will, O my God; your law is within my heart."

D' – Covenant obedience testifies to the Lord's covenant faithfulness.

I have told the glad news of deliverance in the great congregation; behold, I have not restrained my lips, as you know, O Lord.
I have not hidden your deliverance within my heart; I have spoken of your faithfulness and your salvation; I have not concealed your steadfast love [חסד] and your faithfulness from the great congregation.

B' – The Lord's covenant love is unrestrained.

As for you, O Lord, you will not restrain your mercy from me; your steadfast love [חסר] and your faithfulness will ever preserve me!

C' – Evil and iniquity are multiplied.

For evils have encompassed me beyond number; my iniquities have overtaken me, and I cannot see; they are more than the hairs of my head; my heart fails me.

A' – Seek the Lord and trust in Him in both deliverance and judgment and you will testify to his greatness.

Be pleased, O Lord, to deliver me! O Lord, make haste to help me! Let those be put to shame and disappointed altogether who seek to snatch away my life; let those be turned back and brought to dishonor who delight in my hurt! Let those be appalled because of their shame who say to me, "Aha, Aha!" But may all who seek you rejoice and be glad in you; may those who love your salvation say continually, "Great is the Lord!" As for me, I am poor and needy, but the Lord takes thought for me. You are my help and my deliverer; do not delay, O my God

The Major Point:

The believer's covenant faithfulness in the face of evil testifies to God's grace and His covenant faithfulness in overcoming and judging all evil.

Christ's covenant faithfulness and faith in the face of evil testifies to the Father's grace and His covenant faithfulness in overcoming and judging all evil.