

**Women's Bible Study**  
**"A Thematic Study of the Psalms"**

Week 1  
Introduction and Historical Interest

I. *A book of prayer*

A. A God who hears:

**Psalm 3:4** – I cried aloud to the LORD,  
and he answered me from his holy hill.

**Psalm 5:1-3** – <sup>1</sup>Give ear to my words, O LORD;  
consider my groaning.  
<sup>2</sup>Give attention to the sound of my cry,  
my King and my God,  
for to you do I pray.  
<sup>3</sup>O LORD, in the morning you hear my voice;  
in the morning I prepare a sacrifice for you and watch.

**Psalm 6:8, 9** – <sup>8</sup>Depart from me, all you workers of evil,  
for the LORD has heard the sound of my weeping.  
<sup>9</sup>The LORD has heard my plea;  
the LORD accepts my prayer.

**Psalm 22:24** – For he has not despised or abhorred  
the affliction of the afflicted,  
and he has not hidden his face from him,  
but has heard, when he cried to him.

**Psalm 28:6** – Blessed be the LORD!  
For he has heard the voice of my pleas for mercy.

**Psalm 34:4-7, 17, 18** – <sup>4</sup>I sought the LORD, and he answered me  
and delivered me from all my fears.  
<sup>5</sup>Those who look to him are radiant,  
and their faces shall never be ashamed.  
<sup>6</sup>This poor man cried, and the LORD heard him  
and saved him out of all his troubles.

<sup>7</sup> The angel of the LORD encamps  
around those who fear him, and delivers them.

<sup>17</sup> When the righteous cry for help, the LORD hears  
and delivers them out of all their troubles.

<sup>18</sup> The LORD is near to the brokenhearted  
and saves the crushed in spirit.

**Psalm 66:16-20** – <sup>16</sup> Come and hear, all you who fear God,  
and I will tell what he has done for my soul.

<sup>17</sup> I cried to him with my mouth,  
and high praise was on my tongue.

<sup>18</sup> If I had cherished iniquity in my heart,  
the Lord would not have listened.

<sup>19</sup> But truly God has listened;  
he has attended to the voice of my prayer.

<sup>20</sup> Blessed be God,  
because he has not rejected my prayer  
or removed his steadfast love from me!

**Psalm 107: 6, 13, 19, 28** – <sup>6</sup> Then they cried to the LORD in their trouble,  
and he delivered them from their distress.

<sup>13</sup> Then they cried to the LORD in their trouble,  
and he delivered them from their distress.

<sup>19</sup> Then they cried to the LORD in their trouble,  
and he delivered them from their distress.

<sup>28</sup> Then they cried to the LORD in their trouble,  
and he delivered them from their distress.

**Psalm 116:1-7** – <sup>1</sup> I love the LORD, because he has heard  
my voice and my pleas for mercy.

<sup>2</sup> Because he inclined his ear to me,  
therefore I will call on him as long as I live.

<sup>3</sup> The snares of death encompassed me;  
the pangs of Sheol laid hold on me;  
I suffered distress and anguish.

<sup>4</sup> Then I called on the name of the LORD:

“O LORD, I pray, deliver my soul!”

<sup>5</sup> Gracious is the LORD, and righteous;

our God is merciful.

<sup>6</sup> The LORD preserves the simple;

when I was brought low, he saved me.

<sup>7</sup> Return, O my soul, to your rest;

for the LORD has dealt bountifully with you.

New Testament confirmation:

**John 14:13, 14** – <sup>13</sup> Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. <sup>14</sup> If you ask me anything in my name, I will do it.

**John 15:16** – You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you.

**John 16:23, 24** – <sup>23</sup> In that day you will ask nothing of me. Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. <sup>24</sup> Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full.

**1 John 5:14** – And this is the confidence that we have toward him, that if we ask anything according to his will he hears us.