

## **When You Just Can't Get Over It**

Overcoming Depression

Date: 5-20-20

Scripture: Psalm 77

### I. What it Looks Like

1. \_\_\_\_\_  
- Psalm 77:4
2. Cant \_\_\_\_\_ the issue  
- Psalm 77:4
3. Distorted \_\_\_\_\_  
- Psalm 77:5, 6
4. We Become our own \_\_\_\_\_

### II. Why do we get depressed?

1. \_\_\_\_\_ view of God
2. \_\_\_\_\_ about God

### III. The light at the end of the tunnel

- Psalm 77:10

1. Remember what he has done for \_\_\_\_\_.
2. Remember the \_\_\_\_\_ works that God has done.
3. \_\_\_\_\_ in the Lord  
- Psalm 77:13-15