"CPR: Christian Principles Revisited" Forgiveness May 22, 2011

Forgiveness: to grant pardon for or remission of an offense or debt and to give up all claim or account of; to cease to feel resentment.

I. Receive Forgiveness

Bad situation—Bad memory—Pain—Guilt—Living with our shame

Ephesians 1:7

You are not glued to your sin!

- 1. You cannot change your past.
- 2. You can change your present and your future.

Romans 8:28

II. Grant Forgiveness

Christ died for our sins, not only so we could be forgiven, but so we can forgive as well.

What keeps us from forgiving others is rooted in bitterness.

Hebrews 12:15; Ephesians 4:31-32; Matthew 18:21-35; Romans 5:8; Luke 6:28; Matthew 5:43-44; Colossians 3:13

You can't expect to be forgiven without being willing to forgive!

Luke 23:34

III. Practice Confession

God gives us the practice of confession in order to see ourselves become healed and changed.

1 John 1:9

Making one cross mark with a piece of chalk: \$1.00

Knowing where to put it: \$9,999.00

Psalm 25:4-5