

Lesson 11
The Lord’s Supper: Covenant Meal of the Church

I. The Biblical Basis of the Lord’s Supper

A. Old Testament Origins in the Passover

1. Covenant sacrificial meals (generally)
2. The Passover meal

B. New Testament Fulfillment in Christ

1. Deliberately instituted at Passover
2. Christ is our Passover Lamb (1 Cor. 5:7)

II. The Administration of the Lord’s Supper

A. How is the Lord’s Supper to be administered?

1. By giving and receiving bread and wine
2. According to Christ’s appointment

B. Who is eligible to receive the Lord’s Supper (and why)?

1. Repentant sinners who have credibly and publicly professed faith in Christ
2. Those able to “examine themselves” and “discern the body of Christ”

III. Receiving Christ in the Lord’s Supper

A. The Lord’s Supper as a means of grace

B. Profiting spiritually from the Lord’s Supper

Discussion Questions

How does our covenant theology inform our understanding of what is happening in the Lord’s Supper? How is the Lord’s Supper a help to us in our daily walk with the Lord?