

## **Inside the Text:**

### **I. Pass on what you have received. (1-2)**

A. You are a recipient of God's grace.

B. You are a steward of God's plan.

### **II. Expect the road ahead to be rough. (3-7)**

A. You must practice discipline in the midst of suffering.

B. You must preach to yourself while suffering.

### **III. Keep it simple. (8-13)**

A. The goal of discipleship is Christ-likeness.

B. The tool of discipleship is God's Word.

## **Apply the Text:**

- Reach out to someone this week.
- Practice the discipline of delight.
- Rest in God's plan to transform lives.