

If we were given a choice between being involved in something hard versus something easy, nine out of ten times we would choose the easy way. We would typically not choose the way that is dark or rough or tough. But **often times it is the dark or rough or tough way that leads to God's greatest blessings.**

I am totally convinced that God will choose things for us we would never choose for ourselves. We would never choose anything that initially appears to be dark, rough and tough. But the fact is it is often the dark and rough and tough times that lead us to God's greatest blessings.

God, at times, permits us to go through some difficult things because those things will cause us to totally depend on Him. Those things will cause us to totally trust Him when we are faced with things we cannot, in and of ourselves, expect to conquer. God wants us to come to the point in our relationship with Him where we only trust Him.

There was a missionary who one time was visiting in China who one beautiful evening decided to sleep out under the stars. The missionary had been warned by local missionaries that there were thieves and marauders, who were just waiting to attack. So the visiting missionary could not sleep for a while and kept listening and watching. Finally, in thinking about the Psalms, he prayed to God and said, "Lord, there is no point in both of us being awake so you stay awake and protect me and I'll go to sleep and get a good night's rest." Scary times develop that kind of trust in God. That is clearly the main point of Psalm 62.

Now we may observe three truths from the superscription and one from the text:

- 1) Psalm 62 is a Psalm for the choir director. This means it is to be publicly communicated and leadership has the responsibility to see that it is publicly communicated in a corporate worship setting.
- 2) Psalm 62 is a Psalm according to Jeduthun. Jeduthun was a Levite, whose job was to offer praise to God through music (I Chron. 25:1, 3). He was a leading music leader for worship in Israel.
- 3) Psalm 62 is a Psalm written by David.
- 4) Psalm 62 is called an "only" Psalm because the word "only" shows up 6 times.
62:1, 2, 4, 5, 6, 9

Now the main point of the Psalm is this:

GOD WILL SOVEREIGNLY PERMIT HIS FAITHFUL BELIEVER TO BE SURROUNDED BY MANY ADVERSE THINGS IN ORDER TO TEACH THEM TO ONLY TRUST IN HIM; AND IF THE BELIEVER WILL SILENTLY TRUST ONLY IN GOD AND WAIT ONLY ON GOD, HE WILL SEE GOD DELIVER AND REWARD.

If you are a faithful child of God, God will use adversity to teach you to depend on Him. He will use dark and difficult and troubled times to cause you to draw close to Him. God wants us to realize that He is the only One protecting us and He is the only One who can deliver us.

No matter what our present darkness, defeat, discouragement or distress, if we are faithful to God, He can use it to teach us to develop a complete trust only in Him. If we do that, we will discover God will not fail us.

There are five main parts to this Psalm:

PART #1 – When we are surrounded by adversity, the faithful believer will silently and only trust in God. **62:1-2**

Look at the opening words of **verse 1** because what this tells us is spirituality is a matter of the soul. **Adversity will quickly reveal what is going on in one's soul.**

One who is truly developing the way God wants him to develop will be one who silently trusts only in God for deliverance. Adversity may shake the faithful believer, but it will never break the faithful believer, because that believer has learned that God is his only rock and salvation.

It is one thing to trust in God; but it is quite another to trust in God only. But in the end we may know that only God is worthy of our trust.

Now there were two main areas of trust that David had only in God:

Area of Trust #1 - David trusted only in God for his salvation. **62:1b-2a**

Area of Trust #2 - David trusted only in God for his strength. **62:2b**

PART #2 – When surrounded by adversity, the faithful believer will recognize the evil of man. **62:3-4**

The faithful believer silently trusts in God, but he also accurately analyzes man. David was in adversity because of people. People were out to murder him. David accurately describes people who persecute the godly.

Dr. Merrill Unger said this is always the description of the persecutors of the godly in every age (*Psalms*, Vol. 2, p. 834).

There are four realities brought out in this text:

Reality #1 - Godless persecutors of the godly are unstable. **62:3b**

Leaning walls and tottering fences are not stable and not strong.

Reality #2 - Godless persecutors of the godly are united. **62:4a**

Often time's people will unite together in their evil to topple one right with God.

Reality #3 - Godless persecutors of the godly are liars. **62:4b**

It is one thing to lie, but it is another to delight in lies. Evil people delight in lying about one who is right with God. When people circulate lies about you, you are in good company and may be in godly company.

Reality #4 - Godless persecutors of the godly are hypocrites. **62:4c**

Godless people are not straight-shooters. They say one thing to your face and another behind your back. Outwardly they praise you, inwardly they curse you.

These were the kinds of people who were part of Israel. They were hypocrites.

Selah—stop and think about this and make sure we are not part of that godless crowd.

PART #3 – When surrounded by adversity, the faithful believer will silently and only trust in God. **62:5-8**

When we are surrounded by a godless group, God wants us to trust totally, silently and only in Him. Now carefully observe from **verse 8** that God wants us trusting only in Him “**at all times.**”

David learned a great deal about God in adverse situations:

Lesson #1 - God gave David hope. **62:5a**

Lesson #2 - God was David’s rock. **62:6a**

Lesson #3 - God was David’s salvation. **62:6b**

Lesson #4 - God was David’s strength. **62:6c**

Lesson #5 - God was David’s existence. **62:7a**

Lesson #6 - God was David’s refuge. **62:7b**

What an amazing grasp David had of God and the relationship God had with him. But **verse 8** is so critical. David had learned through these difficult things that he could trust God at all times and he learned to pour out his heart before God because God was his refuge.

As Spurgeon said, we need to learn to trust God when we can see and when we cannot see. We need to pour out our hearts to God—not a psychologist or psychiatrist; but to God.

Do you see what it was that brought David to these realities? It was adversity.

PART #4 – When surrounded by adversity, the faithful believer will not trust in anything but God. **62:9-10**

There are four things a faithful believer will not trust:

Reality #1 - The faithful believer will not trust in fickle, finite man. **62:9**

Place all of your trust in a man and you will be greatly disappointed. Men, apart from God and His Word, will never point you in the right direction.

Reality #2 - The faithful believer will not trust in his ability to conquer and oppress. **62:10a**

Reality #3 - The faithful believer will not trust in things taken from others. **62:10b**

Reality #4 - The faithful believer will not trust in riches. **62:10c**

God does not want us trusting in riches, but in Him. Two ways some get riches: by oppression and robbery. If you trust in your money, you are trusting in “fool’s gold.” Trust in God and you are no fool.

PART #5 – When surrounded by adversity, the faithful believer will trust in God’s Word. **62:11-12**

God had spoken His Word and faithful people believe God’s Word and what it reveals about God. God is all powerful (v. 11), which is something God’s people may forget during adversity. God’s Word teaches God is merciful and He does pay back rewards to the godly and punishment to the ungodly (v. 12).

God will permit us to get into difficult and dangerous situations so we, as His people, will learn to totally trust in Him.

LESSONS:

- 1. Dark times of trouble will come into the life of the most faithful believer.**
- 2. Faithful believers need to remember development comes through conflict.**
- 3. When we find ourselves in times of trouble, silently trust God.**
- 4. When we find ourselves in times of trouble, fervently pour out our heart to God.**
- 5. When we find ourselves in times of trouble, totally and completely trust God’s Word.**
- 6. When we find ourselves in times of trouble, never trust in yourself, your ability, your power, your possessions, your bank account, your intellect, your feelings-
TRUST ONLY IN GOD.**