

## Gen 2: 1-3 Seventh Day

### VII. The Seventh day Gen 2:1-3

- A. A Day of Completing, Finishing
  - 1. 4 Times – done, finished
  - 2. No continuing creation, no evolution
  - 3. All the host, everything done
- B. A Day of Rest
  - 1. Seventh (שְׁבִיעִי, she-ee-ee')
  - 2. Rested (שָׁבַת, shaw-bat'), as example to Man
  - 3. Blessed – for worship of God and for the benefit of man
  - 4. Sanctified, set it apart – for worship and man's rest
- C. The Week, 7 days
  - 1. All cultures
  - 2. Some attempted deviations
    - a) Russia 20<sup>th</sup> Century – 5 and 6 day weeks
    - b) Ancient Egypt – 10 day weeks
    - c) None worked, all returned to 7 days
- D. The Sabbath (שָׁבַת, shaw-bath') The Day of Rest
  - 1. First appearance of word In the wilderness Ex 16:22-30
  - 2. Sabbath Instituted Ex 20:8-11
  - 3. Feasts (appointed times) Lev 23:1-3
  - 4. Made for man Mk 2:25-28
  - 5. Saturday Sabbath? Sunday Sabbath? Ro 14:5-6, Col 2:16-17
  - 6. Significance of Sanctified holy day of rest? Heb 3:16-19, Heb 4:1-11
  - 7. Summary: Jesus Christ is our rest, signified by faith

### Genesis 2:1–3 (NKJV)

Thus the heavens and the earth, and all the host of them, were finished. <sup>2</sup>And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done. <sup>3</sup>Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made.

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### Exodus 16:22–30 (NKJV)

<sup>22</sup> And so it was, on the sixth day, *that* they gathered twice as much bread, two omers for each one. And all the rulers of the congregation came and told Moses. <sup>23</sup> Then he said to them, “This *is what* the LORD has said: ‘Tomorrow *is a Sabbath rest, a holy Sabbath to the LORD.* Bake what you will bake *today*, and boil what you will boil; and lay up for yourselves all that remains, to be kept until morning.’ ” <sup>24</sup> So they laid it up till morning, as Moses commanded; and it did not stink, nor were there any worms in it. <sup>25</sup> Then Moses said, “Eat that today, for today *is a Sabbath to the LORD; today you will not find it in the field.* <sup>26</sup> Six days you shall gather it, but on the seventh day, the Sabbath, there will be none.”

<sup>27</sup> Now it happened *that some* of the people went out on the seventh day to gather, but they found none. <sup>28</sup> And the LORD said to Moses, “How long do you refuse to keep My commandments and My laws? <sup>29</sup> See! *For the LORD has given you the Sabbath;* therefore He gives you on the sixth day bread for two days. Let every man remain in his place; let no man go out of his place on the seventh day.” <sup>30</sup> So the people rested on the seventh day.

### Exodus 20:8–11 (NKJV) The Fifth Commandment

“Remember the Sabbath day, to keep it holy. <sup>9</sup> Six days you shall labor and do all your work, <sup>10</sup> but the *seventh day is the Sabbath* of the LORD your God. *In it* you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who *is* within your gates. <sup>11</sup> *For in six days the LORD made the heavens and the earth, the sea, and all that is in them, and rested the seventh day.* Therefore the LORD blessed the Sabbath day and hallowed it.

### Leviticus 23:1–3 (NKJV) Feasts of the LORD

And the LORD spoke to Moses, saying, <sup>2</sup> “Speak to the children of Israel, and say to them: ‘The feasts of the LORD, which you shall proclaim *to be* holy convocations, these *are* My feasts. <sup>3</sup> ‘Six days shall work be done, but the seventh day *is a Sabbath of solemn rest, a holy convocation.* You shall do no work *on it; it is* the Sabbath of the LORD in all your dwellings.

### Mark 2:25–28 (NKJV)

<sup>25</sup> But He said to them, “*Have you never read what David did when he was in need and hungry, he and those with him: <sup>26</sup> how he went into the house of God in the days of Abiathar the high priest, and ate the showbread, which is not lawful to eat except for the priests, and also gave some to those who were with him?*”

<sup>27</sup> And He said to them, “*The Sabbath was made for man, and not man for the Sabbath.* <sup>28</sup> *Therefore the Son of Man is also Lord of the Sabbath.*”

### Romans 14:5–6 (NKJV)

<sup>5</sup> One person esteems *one day* above another; another esteems every day *alike.* Let each be fully convinced in his own mind. <sup>6</sup> He who observes the day, observes *it* to the Lord; and he who does not observe the day, to the Lord he does not observe *it.* He who eats, eats to the Lord, for he gives God thanks; and he who does not eat, to the Lord he does not eat, and gives God thanks.

### Colossians 2:16–17 (NKJV)

<sup>16</sup> So let no one judge you in food or in drink, or regarding a festival or a new moon or *sabbaths,* <sup>17</sup> which are a *shadow of things to come,* but the *substance is of Christ.*

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### Hebrews 3:16–19 (NKJV) *Failure of the Wilderness Wanderers*

<sup>16</sup> For who, having heard, rebelled? Indeed, *was it* not all who came out of Egypt, *led* by Moses? <sup>17</sup> Now with whom was He angry forty years? *Was it* not with those who sinned, whose corpses fell in the wilderness? <sup>18</sup> And to whom did He swear that **they would not enter His rest**, but to **those who did not obey**? <sup>19</sup> So we see that they could not enter in because of unbelief.

### Hebrews 4:1–11 (NKJV) *The Promise of Rest*

**4** Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it. <sup>2</sup> For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard *it*. <sup>3</sup> **For we who have believed do enter that rest**, as He has said:

*“So I swore in My wrath,  
‘They shall not enter My rest,’ ”*

although the works were finished from the foundation of the world. <sup>4</sup> **For He has spoken in a certain place of the seventh day in this way: “And God rested on the seventh day from all His works”**; <sup>5</sup> and again in this *place*: “They shall not enter My rest.”

<sup>6</sup> Since therefore it remains that some *must* enter it, and those to whom it was first preached did not enter because of disobedience, <sup>7</sup> again He designates a certain day, saying in David, **“Today,”** after such a long time, as it has been said:

*“Today, if you will hear His voice,  
Do not harden your hearts.”*

<sup>8</sup> For if Joshua had given them rest, then He would not afterward have spoken of another day. <sup>9</sup> **There remains therefore a rest for the people of God.** <sup>10</sup> **For he who has entered His rest has himself also ceased from his works as God *did* from His.**

<sup>11</sup> Let us therefore **be diligent to enter that rest**, lest anyone fall according to the same example of disobedience.