
Philippians 4:10-13

Contentment That Is Uniquely Christian

Philippians 4:10-13

**Contentment that flows
from Christ's strength can
be learned and experienced
in any situation.**

Philippians 4:10a

- I. Paul rejoiced in their concern for him.

Philippians 4:10b

II. Paul recognized that they had lacked the opportunity to help him.

Philippians 4:11-13

**III. Paul explained his
unwavering contentment.**

Philippians 4:11

Three truths about Christian contentment

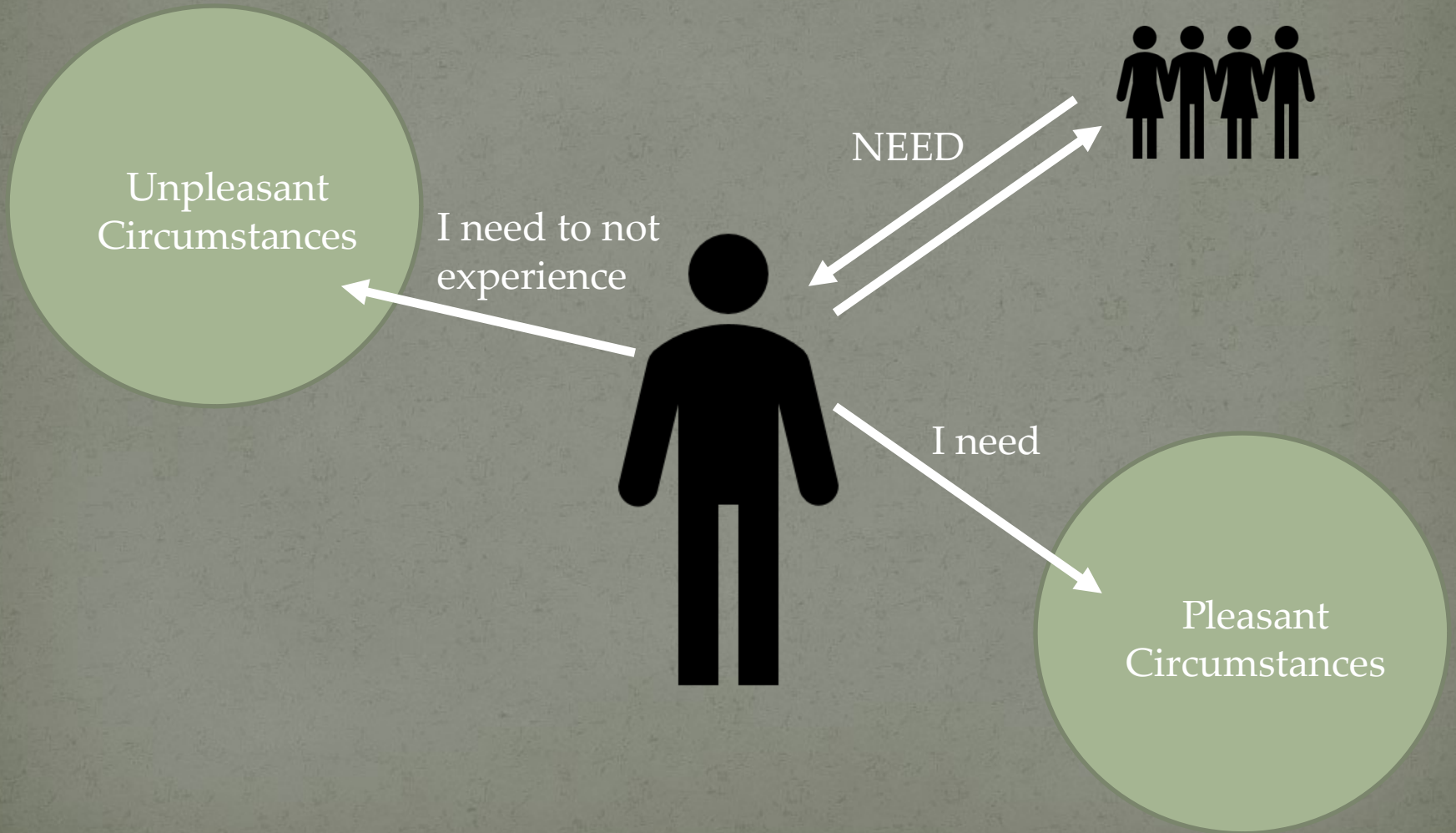
A. Contentment is learned.

Philippians 4:10-13

“One is “independent” of others and of circumstances in the sense of being free from their either causing distress or effecting serenity. Serenity comes from being sufficient unto oneself” (Gordon Fee, *Philippians*, p. 432).

Co-dependent

“I need to be needed”



Co-independent

Unpleasant
Circumstances



Pleasant
Circumstances

Philippians 4:12

Three truths about Christian contentment

B. Contentment can be experienced in any circumstance.

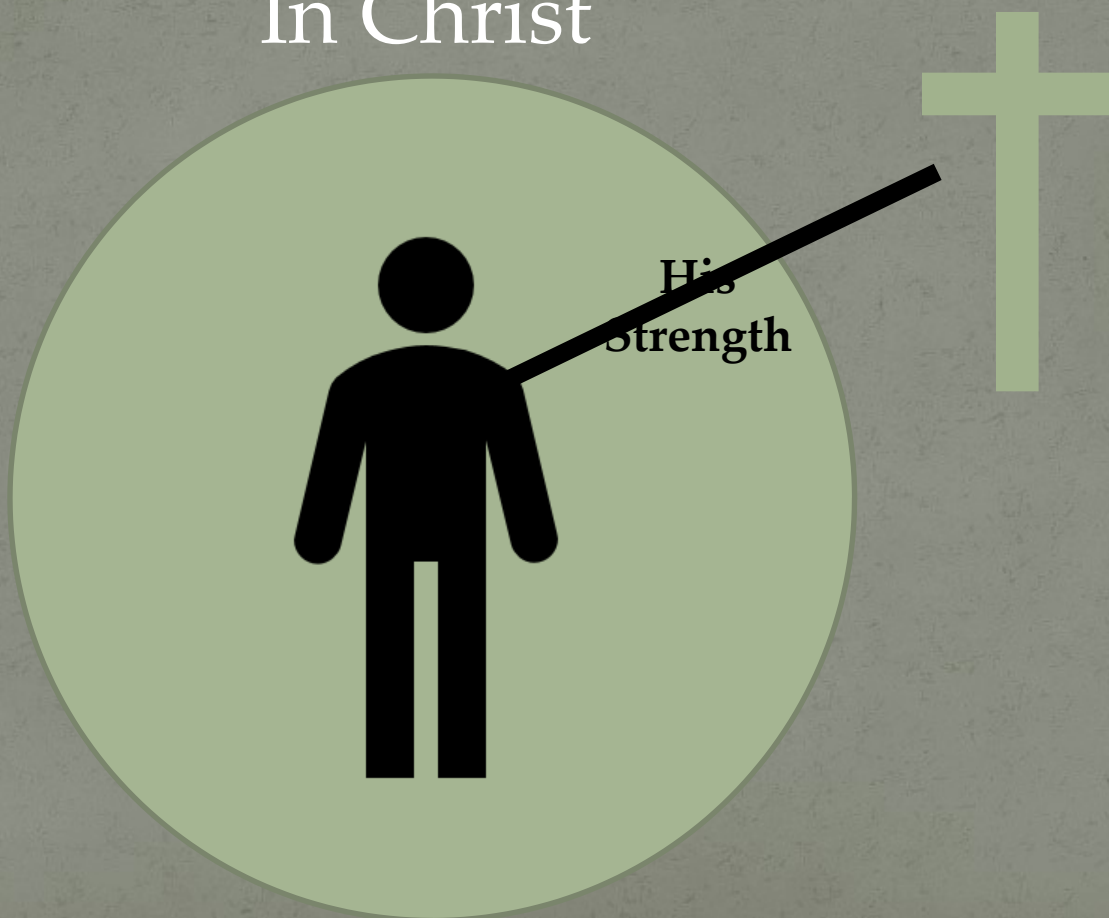
Philippians 4:13

Three truths about Christian contentment

**C. Contentment flows from
Christ's strength.**

“In Him who puts strength in me”

In Christ



Christian Contentment

Unpleasant
Circumstances



Pleasant
Circumstances

**I can do all things in Him
who strengthens me**