

# Only God Can Be Trusted

## Psalm 62

### I. David's Trust – vs. 1-2

#### A. God alone is my rest - vs. 1a

naḫ·šî (nephesh) – One's entire being, one's whole inner self. The mind, the emotion and will.

dū·mî·yāh (duwmiyah) – waiting and being silent

*Psalm 39: 2*

'ē·lō·hîm (elohiym) – God, an abundance of power and majesty

*1 Chronicles 29:10-11*

*Exodus 15:11*

#### B. God alone is my rescue - vs. 1b

*Genesis 49:18*

*Exodus 15:2*

*Isaiah 25:9*

#### C. God alone is my unmovable rock and defense - vs. 2

*Psalm 18:2*

*Psalm 31:1-3*

*Deuteronomy 32:18*

*2 Samuel 22:47*

*Psalm 95:1-3*

*Psalm 118:22*

*Mark 12:10*

*1 Peter 2:4-8*

*Psalm 144:1-2*

*Psalm 46:1*

II. David's Troubles – Attacked by Man - vs. 3-4

III. David Preaches to Himself and Others - vs. 5-7

IV. David Speaks to Others - vs. 8

A. Trust in God - vs. 8a

B. Pray to God - vs. 8b

V. The Truth about Man - vs. 9-10

*Jeremiah 17:5-6*

*Proverbs 6:16-19*

VI. The Truth about God - vs. 11-12

*Jeremiah 10:12*

*Ephesians 6:10*

VII. Overlay Your Life on this Psalm

**Closing Thought:** Do you wait silently? Is God alone enough or would your life give evidence that you have God and thinking. Try God alone.