

Sermon Outline

My Fleeting Life

Psalm 39

Introduction: The place of Psalm 39 in the Psalter

The main theme of Psalm 39

A Psalm more akin to Ecclesiastes or Job

I. Psalm 39:1-6 – David’s protest

vss. 1-3: David holds back his protest from people

We should not vent our struggle before unbelievers.

Holding our peace indefinitely raises our passions.

We can and should speak to God about our struggle.

What is burning in David’s heart?

vss. 4-6: David speaks his protest to God

My life is a mere vapor, and God made it that way.

The value of understanding our mortality
(Psalm 90:12, James 4:13-16, Eccl 2:18-23)

II. Psalm 39:7-8 - The turning point

Simul Justus et Peccator (Romans 7:24-8:4)

III. Psalm 39:9-11 – David is weary of his discipline

Hebrews 12:9-11

IV. Psalm 39:12-13 – A cry of despair

Job 7:16ff