
INTRODUCTION: PROCLAMATION OF *PUBLIC* FASTING, HUMILIATION & PRAYER

I. *PUBLIC* FASTING IN THE BIBLE (selected)

- A. MOSES' FAST (Lev.16:29,31; 23:27,32; with Ps.35:13; note: communion season Thurs.)
- B. ISRAEL'S FAST (Jdgs.20:26)
- C. SAMUEL'S FAST (1Sam.7:6,3f)
- D. DAVID'S FAST (2Sam.1:11)
- E. JEZEBEL'S FAST (1Kngs.21:9f; see Joel 2:12f)
- F. JEHOSHAPHAT'S FAST (2Chr.20:3f; see Neh.1:4f)
- G. JOEL'S FAST (Joel 1:1f,14 & 2:12f,15)
- H. ISAIAH'S FAST (Is.58:3f; see Joel 2:13)
- I. JEREMIAH'S FAST (Jer.36:9; see 46:2; Dan.1:1f)
- J. EZRA'S FAST (Ezra 8:21f)
- K. ESTHER'S FAST (4:3,16; 9:31 & 9:21f; 29,32; see Ps.126:5,6)
- L. JESUS' FAST (Mt.6:16f,5f; see 4:1f; 9:15)
- M. APOSTLES' FAST (Acts 13:3; 14:23)
- N. SUMMARY: A CORPORATE SPIRITUAL DISCIPLINE BY PRECEPT & EXAMPLE

II. *PUBLIC* FASTING IN AMERICAN HISTORY (selected)

- A. September 8, 1670 - earliest known Fast Day in America (**Boston**; then etc. New England)
- B. February 26, 1735 - Jonathan Belcher, Esq., **King's Governor** of Province of Massachusetts Bay (*King*)
- C. February 28, 1795 - Samuel Adams, **Governor** of the State of Mass. (Belcher format / *Commonwealth*)
- D. November 16, 1814 - James Madison, **President** of the United States (War of 1812-15)
- E. March 30, 1863 - Abraham Lincoln, **President** of the United States (War: Civil/b.States; 1861-1865)
- F. 1680-1999: New Hampshire: Fast Day (February, 1680); religious demise late 19th c. (MA,ME, Patriots' Day, c.1894); Civil Rights Day (January 1991); Martin Luther King, Jr. Day (January 1999)
- G. April 17, 2009 - William S. Jenks III, Mayor, City of Rolla, Missouri
- H. Summary: an **artifact** of a rising nation (note: war, terrorism, financism, oil spill, etc.!.; note: Thksg. *feast*)

III. *PUBLIC* FASTING IN THE OSWEGO RPC

- A. HUMBLE YOUR SOULS *UNDER GOD* (1Th.5:12f; 1Pt.5:5f; see Rom.13:1f; Est.9:21f,29f)
- B. HUMBLE YOUR SOULS *WITH FASTING* (Ps.35:13; Ezra 8:21; see Is.58:3f; Joel 2:12f; Mt.6:16f,12; see *1Pt.5:6,7*; 1Cor.7:5; see Dt.4:29; 6:5; see Jms.5:16)
- C. HUMBLE YOUR SOULS *IN PRAYER* (Joel 2:12f,17; 2Chr.7:14; 33:19; 1Pt.5:6,7; see Neh.1:4; Dan.9:3; Acts 14:23; see Ps.35:13 w/Mt.5:44)
- D. HUMBLE YOUR SOULS *WITH ALMS* (Mt.6:2>5<16; see Is.58:3f; Eph.4:28)
- E. HUMBLE YOUR SOULS *IN CONFIDENT EXPECTATION* (Is.58:8f; Joel 2:17&18f; 1Pt.5:5f,10; see Ps.120:1; 126:5,6; Est.4:3,16; 9:31 & 9:22f; Gal.6:9)