



# The Gospel of Matthew

## The effects of anxiety

It breeds more doubt (Matthew 6:30)

It prevents rest (Matthew 11:28-30)

It chokes out Gods Word (Matthew 13:7,22)

It prevents us from being alert (Luke 21:34-36)

It prevents us from focusing on God (Luke 10:38-42)

It's a barrier to peace (John 14:27)

It can lead to depression (Proverbs 12:25)

# The Gospel of Matthew

## The foolishness of anxiety

It doesn't lengthen life (6:25-27)

It doesn't improve life (6:28-30)

It isn't a good witness (6:31-33)

It makes today worse (6:34)

# The Gospel of Matthew

**The causes of anxiety**

**Unprepared for battle**

# The Gospel of Matthew

## The causes of anxiety

### Unbecoming Christian priorities

- Earthly treasures
- Dark pursuits
- Self serving
- Temporal passions

# The Gospel of Matthew

## The causes of anxiety

### Unbelief in God

- That He cares
- That He can
- That He will

