

Rest for the Troubled
Psalm 3:1–8

- I. Choose to acknowledge your need (1–2)
 - A. Your troubles are many (1)

 - B. Your situation seems hopeless (2)

- II. Choose to trust His care (3–6)
 - A. The Lord's care gives hope (3–4)

 - B. The Lord's care gives confidence (5–6)

- III. Choose to claim His deliverance (7–8)
 - A. In Him you find victory (7)

 - B. In Him you find grace (8)