

Help In a Dark Place

Psalm 3

*Notice what David does in this Psalm.
In this, he is a model for us.*

- 1 - He laid out his problems to the Lord - vs 1-2*
- 2 - He expressed his confidence in the Lord's help - vs 3*
- 3 - He cried out to the Lord for help - vs 4*
- 4 - He expressed his confidence in the Lord's help again - vs 5-6*
- 5 - He cried out to the Lord again and expressed confidence in the Lord for a third time - vs 7*
- 6 - He provides us with, what amount to, the lesson of the Psalm in the form of praise to the Lord - vs 8*

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- 1 – During the Dark Hours, Remember That the Lord Is Your Source of Help and Protection (3:3-4)
 - A – The Lord provides protection (3:3a)
 - B – The Lord's protection and help flows from His majestic power (3:3b)
 - C – The Lord will restore you to blessing based upon His promises to you (3:3c)
 - D – The Lord always hears your prayers (3:4)

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2 – During the Dark Hours, Allow Your Confidence in the Lord to Bring You Peace of Mind (3:5-6)

A – Confidence in the Lord will enable you to sleep (3:5)

B – Confidence in the Lord will keep you from focusing on the enormity of the trial (3:6)

3 – During the Dark Hours, Rest Assured That God Is Able to Provide Victory and Blessing (3:7-8)