

## Theology Simply Explained — WSC97 “Discerning the Lord's Body to Feed upon Him for Life”

**Pastor walks his children through Westminster Shorter Catechism question 97—especially explaining how in order not to eat and drink judgment, we must discern the Lord's Body, and in order to feed upon Christ broken to us we must have faith, and in order to be sealed by the cup in our new covenant duties we must have repentance, love, and new obedience.**

Q97 What is required to the worthy receiving of the Lord's Supper? ***It is required of them that would worthily partake of the Lord's supper, that they examine themselves of their knowledge to discern the Lord's body, of their faith to feed upon him, of their repentance, love, and new obedience; lest, coming unworthily, they eat and drink judgment to themselves.***

**(The following is a machine-generated transcription. Please be aware of—and patient with—transcribing errors. If there is something confusing or obviously erroneous, you are invited to listen to the audio recording via [hopewellarp.org](http://hopewellarp.org))**

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Catechism question this week's number 97, what is required to the worthy receiving of the lord's supper. The answer is required of them. That would worthily. Protect the lord's supper. That they examine themselves of their knowledge to discern the lord's body. Of their faith to feed upon him. Of their repentance love and new obedience.

The last coming, unworthy they eat and drink judgment to themselves. Now, all of this comes directly from 1st Corinthians 11. Where it says that we must examine ourselves. Or it says a lot of man examine himself. And so, the meat of the bread, Or drink of the cup. And in the context.

What must you examine himself for? Well, the first thing is That he discerns, the Lord's body. Because if he eats and drinks without discerning the Lord's body, he eats under his judgment himself. And so he must know that Jesus still has. His own flesh and blood body and glory.

In which and, and by which He had turned for us. And in which he will return. This we can see in the showing forth, the lord's death until he comes. But we also know that just as A man considers his wife as his own body. And loves her and treasures her.

As his own body has a flesh of his bone of his bone, flesh of his flesh. As Adam said in. Genesis 2. And as the lord, Jesus has said to treasure us. And Ephesians 5. So the lord's treasures, his church. And so, Does earning the lord's? Body means trusting entirely in.

Christ, as god, who became? Genuine and true, man. And in his, Body was crucified for our sins. In a self-same body. Although transformed gloriously rose again from the dead, an account of our justification, Ascended, sits in glory. And we'll return bodily. And then, Uh, so trusting entirely in the lord Jesus and what he has done.

And looking to him for the Spiritual benefits for all of your spiritual life, health strength, etc. And then also loving and treasuring the church, which they were not doing. And corns. They were despising one another. And some were Eating to their fill and getting drunk and others weren't getting any at all.

And so, Two things already to examine ourselves of as Our trusting in Christ. And what he has done for us and his body and our love for the church. Next thing is. To. Of our faith. To feed upon him. So not just knowing and discerning his body. But I actually genuinely resting upon him.

Getting our life from him. Why? Do we need faith defeat upon him? Well, because he says this is my body broken for you. And your mouth can't feed upon him. Your hand can't take him. Faith is the hand and faith is the mouth. And so, you should be one.

Who rests upon? Him alone. And then also, Of their repentance love and new obedience, why? Because he says this cup is the new covenant in my blood. And if we are covenanted to God, then we no longer belong to ourselves. We belong to him. Someone who is in covenant with God.

Must have rejected. Ownership of his own life must have rejected sinfulness. And embraced and desired. Uh, righteousness belonging to God loving God obeying God. They're in covenant with him. And so they repent. And from their sin. They love God and they commit themselves to new obedience. So those are the those are the bare minimum things.

In order to eat. The bread in which, or by which he says, this is my body broke into you, he must have faith. To feed upon it. In order to drink rightly of the cup, that is the new covenant in his blood. You must be in covenant with him.

And have turned from your sins and turned to him loving him. And since eating and drinking without discerning the body, Is to eat and judgment to yourself. You must. No, by faith. That the lord Jesus is still In his humanity, which he took upon himself for our redemption and in which he will return, And you must also know that he treasures and counts the church as his own body.

His own bride. And so, Love the church as well. So, those are the things that are necessary. For the worthy receiving. Of the lord's Supper.