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# Renewing Your Joy in the Lord

*A Study in the Book of Philippians*

**COW CREEK  
Community Church  
Family Camp  
July 12-14, 2019  
Mountain Meadows Bible Camp  
Shingletown, CA**

## Session 1

### Submitting to God's Purpose Leads to Renewed Joy

1. Rejoice always because Christ has ordained your circumstances (1:12-14)
2. Rejoice always when Christ is proclaimed (1:12-18)
3. Rejoice always because Christ will be exalted (1:19-26)
4. Rejoice always as you fulfill Christ's Purpose in your life (1:27-30)

## Discussion Questions

-Will you commit to reviewing and putting to practice the things that you have been reminded of this weekend? Is there someone that can help keep you accountable? Talk to them!

-What things or people seek to rob you of your joy? Can you decide to rejoice in the Lord even if these things/people remain?

-In what ways can you be tempted to find joy in your credentials (vs 4-6)?

-What Christ substitutes do you seek satisfaction in?

-Spend time meditating on the person and work of Christ. In what ways is He of surpassing value?

-How can you grow in spiritual maturity?

## Session 3

### Savoring Christ Leads to Renewed Joy

1. Christ substitutes rob of joy (3:2-6)
2. Christ Himself fulfills all joy (3:7-11)
3. Christ focus leads to persevering joy (3:12-21)

## Discussion Questions

-Coming into this weekend, being honest with yourself, what did you think would bring you the most joy in the future? Be specific.....

In your home?  
At your workplace?  
In your relationships?

-Think about your last trial or difficult circumstance. How did you respond to it? Was this your typical response?

Fear and anxiety  
Anger and resentment  
Sadness and depression  
Hope and Trust

-In what ways could your responses to difficulties become different?

-Spend some time meditating and praying over Romans 8:28, Genesis 50:20, and James 1:2-3. How can these verses help you to renew your joy during your next trial?

-What is your greatest fear? How can submitting to God's purpose in this area lead you to joy instead?

-According to MacArthur, "*Wherever your joy breaks down, that's the point of your spiritual weakness*". Where does your joy break down and how can you grow in this area of weakness? Talk to someone this weekend about this and consider seeking accountability to aid you in your pursuit of renewed joy.

## Session 2

### Selfless Love Leads to Renewed Joy

1. The Call to Selfless Love which leads to joy (2:1-4)
2. The Example of Selfless Love leading to joy (2:5-11)
3. The Actions of Selfless Love that leads to joy (2:12-18)
4. More Examples of Selfless Love that leads to joy (2:19-30)

## Discussion Questions

-What is it that brings you the most joy? How does that line up with what brought Paul the most joy?

-Do you struggle with anxiety, depression, or worry? What are some things that may be contributing?

-How much of your time is focused on self vs. others? Are there adjustments that need to be made in your priorities and schedule? Write down the things you might adjust and praise God for the time focused on others.

-How much do you meditate on the person and work of Christ? Is it just theology or does your worship of Him compel you to live differently?

-How would you rate your selfless love? Today, ask someone here who knows you, to rate you and then pray for one another.

-Could some of the things said about Timothy and Epaphroditus be said about you? Which things can you thank God for? Which things do you need to grow in?

-Are you bringing joy to others by your selfless love towards them? Name the people that you are bringing joy to and then name others that you can commit to loving more intentionally.