

When Life is the Pits



PSALM 40

Psalm 40



1. God rescues us when we faithfully call on Him
vv. 1-2

Psalm 40



1. God rescues us when we faithfully call on Him.
 - a. He responds to our cry – v. 1

Isaiah 40:31



Yet those who wait for the LORD
Will gain new strength;
They will mount up with wings like eagles,
They will run and not get tired,
They will walk and not become weary.

Psalm 40



1. God rescues us when we faithfully call on Him.
 - a. He responds to our cry – v. 1
 - b. He pulls us out of the pit – v. 2a
 - c. He puts us on a solid rock – v. 2b

Psalm 40



1. God rescues us when we faithfully call on Him.
2. God renews our spirit through our praise (worship) – v. 3

Colossians 3:16



Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God.

Psalm 40



1. God rescues us when we faithfully call on Him.
2. God renews our spirit through our praise (worship).
3. God rewards us for our faith – vv. 4-5

Psalm 40



3. God rewards us for our faith – vv. 4-5
 - a. He blesses those who trust in Him alone – v. 4
 - b. His blessings are overwhelming – v. 5

Psalm 40



1. God rescues us when we faithfully call on Him.
2. God renews our spirit through our praise (worship).
3. God rewards us for our faith.
4. God reminds us what is essential for worship
vv. 6-10

Psalm 40



4. God reminds us what is essential in worship
vv. 6-10
 - a. God requires obedience over ritual – v. 6

Hosea 6:6



For I delight in loyalty rather than sacrifice,
And in the knowledge of God rather than burnt
offerings.

I Samuel 15:22



Has the LORD as much delight in burnt offerings and sacrifices as in obeying the voice of the LORD? Behold, to obey is better than sacrifice, and to heed than the fat of rams.

Psalm 40



4. God reminds us what is essential in worship
vv. 6-10

a. God requires obedience over ritual – v. 6

b. God wants us to respond to His will – vv. 7-10

Psalm 40



1. God rescues us when we faithfully call on Him.
2. God renews our spirit through our praise (worship).
3. God rewards us for our faith.
4. God reminds us what is essential for worship.
5. God reinforces His love toward us – vv. 11-17