

# A Prayer for the Broken-Hearted

## Psalm 6

**To the choirmaster: with stringed instruments; according to The Sheminith.  
A Psalm of David.**

- <sup>1</sup> O LORD, rebuke me not in your anger,  
nor discipline me in your wrath.
- <sup>2</sup> Be gracious to me, O LORD, for I am languishing;  
heal me, O LORD, for my bones are troubled.
- <sup>3</sup> My soul also is greatly troubled.  
But you, O LORD—how long?
- <sup>4</sup> Turn, O LORD, deliver my life;  
save me for the sake of your steadfast love.
- <sup>5</sup> For in death there is no remembrance of you;  
in Sheol who will give you praise?
- <sup>6</sup> I am weary with my moaning;  
every night I flood my bed with tears;  
I drench my couch with my weeping.
- <sup>7</sup> My eye wastes away because of grief;  
it grows weak because of all my foes.
- <sup>8</sup> Depart from me, all you workers of evil,  
for the LORD has heard the sound of my weeping.
- <sup>9</sup> The LORD has heard my plea;  
the LORD accepts my prayer.
- <sup>10</sup> All my enemies shall be ashamed and greatly troubled;  
they shall turn back and be put to shame in a moment.

1. The agony that sin brings  
verses 1-3

2. The argument that prayer makes  
verses 4-7

3. The assurance that God gives  
verses 8-10

4. Rejoice in your Refuge  
verses 11-12