

Bible Answers For Life's Questions
How Do I Study The Bible So It Changes My Life?
Meditation-What Am I Looking For?

PERSONAL APPLICATION

Review the main lesson outline briefly

1. What ways could you begin to develop a “meditation” time daily in God’s Word? Share with the group what each person currently does. Learn form each others ideas. There is not one way to do this.
2. How does knowing the basic objectives & goals of the Bible help you better understand what to look for when you read and study the Bible?
3. Share with the group one example of how God has spoken to you through your personal Bible study before.

PRIVATE MEDITATION

Read the Scripture and identify 1 thought to take with you for that day
Write down your daily thought under each day

Monday – Ephesians 4:11-15

Thought:

Tuesday – Hebrews 4:12-13, 2 Timothy 3:16-17

Thought:

Wednesday – 1 Corinthians 9:24-27

Thought:

Thursday – Romans 8:28-29

Thought:

Friday – Galatians 5:16-18

Thought:

Saturday – 2 Timothy 2:14-16

Sunday – *Interpretation – What is God Saying?*

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Bible Answers for Life's Questions



How Do I Study the Bible
So It Changes My Life?

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How Do I Study The Bible So It Changes My Life?
Meditation-What Am I Looking For?

Meditation-What Am I Looking For?

Joshua 1:1-9

I. What is "Meditation?"

- a. The Hebrew word is "hagah" meaning:
 - i. To ponder, imagine or study
- b. Webster's dictionary defines it as:
 - i. To engage in contemplation or reflection
 - ii. To engage in a mental exercise in order to reach a higher level of spiritual awareness
 - iii. To focus one's thoughts on, to plan or project in the mind
- c. A short, practical definition for the purpose of Joshua 1:8 – "To spend time studying, thinking about and focusing on the Scripture in order to understand what God is saying to me and to ponder those things as a normal thought pattern in our daily life." (Psalm 1:1-2, 119:9,11, 16)

II. Some Basic Objectives of Bible Study – 2 Timothy 3:16-17

- a. Teaching – instruction, imparting truth, principles
- b. Rebuking – Conviction, proof we are guilty
- c. Correcting – to set right again, make straight
- d. Training – Instruction with discipline
- e. To prepare us to fulfill God's purpose for our life.

III. Practical goals of Bible study

- a. Salvation – John 5:39, Romans 10:17
- b. Discipleship – Matthew 28:18-20
 - i. Establish commitment – Romans 12:1

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- ii. Identifying with Christ in Baptism
- iii. Develop spiritual disciplines – 1 Corinthians 9:24-27
- iv. Grow in Christ like character – Romans 8:28-29
- v. Become grounded in your faith – Ephesians 4:11-15
- vi. Teach and disciple others – 2 Timothy 2:1-2
- vii. Learn about and use spiritual gifts – 1 Corinthians 12:1, 7
- viii. Strengthening our dependence on and walk with the Lord through the leadership of the Holy Spirit – Romans 8:14; Galatians 5:16

NOTES