

John 5:16-17

Jesus & the Sabbath

1) What is the Sabbath?

- a) As 1st Instituted – Exod 16

- b) As Enshrined in the Law – Exod 20:8-11, 31:12-18

2) What the Jews made out of the Sabbath?

3) How should the Church regard the Sabbath?

- a) Apostles & New Testament Church
 - 1. Began meeting on Sunday – Acts 20:6-7, 1 Cor 16:2, Rev 1:10
 - 2. Jewish Christians still observed the Sabbath – Rom 14:5-6
 - 3. Some insisted on necessity of the Sabbath – Gal 4:9-11, Col 2:16-17

- b) Later Church History

- c) So What Should We Do?

Praxis

1. What has been your basic view about taking a “sabbath” rest day?
2. What has been your basic view about Sunday’s relation to the Jewish Sabbath day?
3. How should you relate with a fellow Christian who holds a different view about how Sunday should be spent?
4. What does Gen 2:3 teach us about the relationship between work and rest??