

**Envy Leads to Anger and Depression  
Jonah 4:1-4**

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**I. Introduction ☺**

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**II. Jonah's discontent before God. v. 1**

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A. Anger makes you irrational towards God and men. (Gen 4:5, Jas. 1:19-20, Ps. 37:8, Lk. 4:25-28, Matt. 20:12-15, Mk. 2:16-17, Lk. 15:27-32, Jas. 3:14, 1 Pet. 2:1)

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**III. Jonah's prayer (complaint) to God. v. 2-3**

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A. Jonah reveals why he initially fled from God. v. 2 (Ex. 34, Num. 14:18f, Matt. 25:24, Ex. 34:6, Joel 2:13-14, Ps. 145:9)

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B. Depression is a great enemy. v. 3 (Ps. 32:5, Rom. 9:14-15, 20, Ps. 42:5, Deut. 8:22-23, 1 Thess. 2:14-16, Gen. 22:18, Lk. 15:7, Ps. 119:71, 1 Kings 19:4)

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**IV. The Lord asks a profound question. v. 4**

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A. Don't try to justify yourself before God. (1 Chron. 13:11, Lk. 10:40, Jas. 1:19, Matt. 4:3-10, Ps. 91:11-12, Matt. 5:23-24, 18:21f, 6:14-15)

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