

Of the Mortification of Sin in Believers

If ye through the Spirit do mortify the deeds of the body ye shall live (Rom. 8:13b; KJV)

Lecture 4—The Necessity of Mortification

Outline of Chapter 4 (21–24)

Thesis: “*That the life, vigour, and comfort of our spiritual life depend much on our mortification of sin.*” (21)

- I. **Life, Vigor, and Comfort Do Not Necessarily Proceed from Mortification (21)**

- II. **Mortification is not an Immediate Cause of Life, Vigor, and Comfort (21–22)**

- III. **Yet Mortification is a Sine Qua Non and Effectual Influence to Life, Vigor, and Comfort (22–24)**
 1. Every Unmortified Sin Will Certainly Do Two Things
 - 1.1. It Weakens the Soul

Psalm 38:3—

Psalm 38:8—

Psalm 40:12—

 - 1.1.1. It untunes and unframes the hearts by entangling its affections
 - 1.1.2. It fills the thoughts with contrivances about it
 - 1.1.3. It breaks out and actually hinders duty
 - 1.2. It Darkens the Soul
 2. Mortification Prunes all the Graces of God and Makes Room for Their Growth
 3. Mortification is Related to our Peace