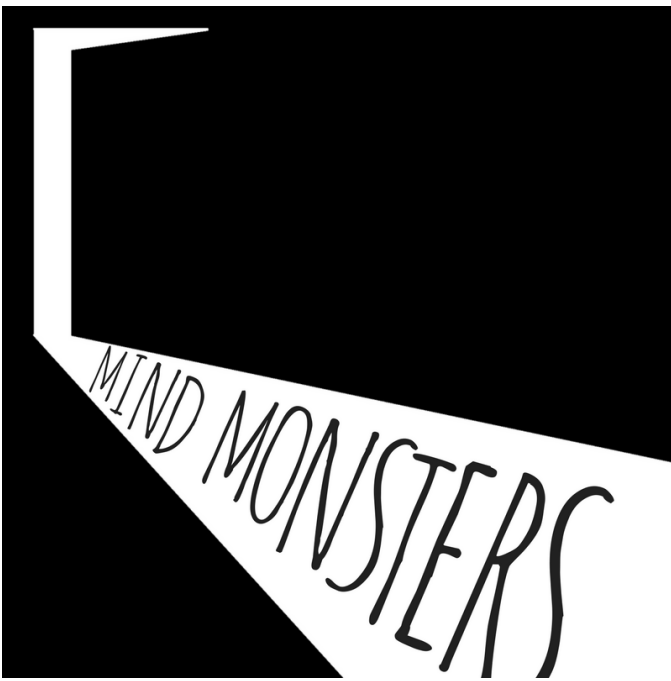


“UNNECESSARY BAGGAGE”

- A new word = rue
- Today’s “mind monsters” are doubt, guilt, regret, and self-condemnation
- Martin Luther’s great burden



- Take these burdensome thoughts captive and renew your mind with the following truths:

1 John 1: 9

Psalms 32: 1-2

Psalms 130: 3-4

Isaiah 1: 18

Psalms 103: 12

Isaiah 38: 17

Isaiah 43: 25

Isaiah 44: 22

Jeremiah 31: 34

Micah 7: 18-19

Acts 3: 19

Hebrews 10: 17-18

Romans 8: 1, 33- 34

1 John 3: 19-20

1. Have you confessed your sins and repented before God, seeking His forgiveness?
2. Do you believe what God says to us in His Word?

Come to the Lord’s Table
with humility, gratitude, and confidence
in the forgiveness of God,
through the sacrificial work
of Jesus on the cross.