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I'm gonna go through the conclusion of the series of book and wanted what I wanted to do is kind of recap from last Lord's Day. What we talked about kind of briefly before I move in to today's topics. So we're looking at the from last Lord say we looked at or talked about the focus and identifying sexual lust, one of the highlighted points is, we need to identify what lust is not and what it is before, learning how to kill it and replace it.

Oftentimes there is confusion between sexual lust and sexual desire. The difference between vice and virtue involves, misdirecting God-given desire to the wrong object at a wrong time. And to the wrong end, self-love can be godly. However, selfishness is evil. We will never put sin to death by simply removing the occasion of committing sin.

There must be a cutting of the heart of sin. Many fail. I'm sorry Many fall into the trap of believing. That marriage is God's remedy. However, this happens by misinterpretation of first Corinthians, 7:9 unmortified lust, in the context of marriage is destructive and those pursuing marriage, overcome lust will drag down the holy Institution, Sexual lust is the application of God given sexual desires to a wrong object, with wrong end and at the wrong time, hence that's what lust is.

So, one of the things we talked about last lower stage 2 is a the path to victory overlust, and according to Owens, there's two prerequisites to mortifying sin. We must first be believers in Christ. We must be living to God through Christ by the Spirit and Owens writes. There's no death of sin without the death of Christ in regarding the spirit.

He adds a man-made easier. See, without eyes. Speak without a tongue. That mortify one's sin without the Spirit. This leads us to an important conclusion, and that's to kill is the work of living, man. When men are dead, sin is alive and will live, we must be alive to God.

In order to be dead to sin, The second principle Owens points out is that we must be opposed universally to all lusts. If we would moreify any lust.

We look to Colossians 3:1 through 17. That says we cannot have hope to conquer sexual lust, If we do not have well, I'm sorry, going back to Our victory over lust Colossians 3:17 is a good biblical text, that outlines that. But this is again, goes back to Owens point here.

We cannot have hope to conquer sexual lust. If we do not have a zero tolerance policy against every lust Owen's rights, If we will do not, if we will do anything. We must do all things. If we indulge in gluttony failed to manage time and money and generally lack self-control, then we should not be surprised if we do not make progress against sexual lust, while each of us has particular struggles and they're often then they often change with time.

We can succeed against sexual lust by succeeding against other lusts.

So now I'm going to go into the nine rules of mortifying lust at Owens points out in this book First. We consider the dangers. It's dangerous symptoms of unmortified sin. We must learn to recognize the difference between the presence of indwelling sin and the sins. Requiring special attention Sexual.

Lust is often one such sin in today's church. I think I kind of I went over this briefly last Lord today that we never did finish the topic, but We must ask a questions like, is the sin presence persistent in my life. Does it never really go away. Owens notes.

Old neglected wounds are often. Moral always dangerous. In dwelling distempers, grow rusty and stubborn by continuance in ease. And quiet Has that sin been with us so long that it no longer. Troubles us much. Is it is it a bad sign when sin comes sin becomes? So common that we no longer recognize how serious they are.

When we live and unmortified sin, We harden our hearts, We harden our hearts toward God. When we use means to deal with. What's when we? I'm sorry. We harden our hearts toward God and he uses means to deal with the sin is easier to call the preacher legalistic or to say that the friends that they don't understand what we're going through than it is to admit to God, that he's been speaking through them and we just don't listen

The initial set to recovery from sexual lust is recognizing that. We have a serious problem with sexual love.

So what we need to do is develop a clear sense of guilt danger and evil of our sin. Our approach to sin needs to be serious far too many Christians are afraid to take the guilt of sins. Seriously, They fear that thinking about sin, too much is morbid or harmful.

Could it be that the reason pornography has wrecked so much as reach? So much havoc on the church is because people fear taking the sin, seriously,

Overcoming sin. Overcoming such sin is much harder and more serious than many people. Seem willing to admit People struggling with this form of sexual, lust need to undergo a long and prayer for prayerful process of biblical. Reconditioning. There's also a need for the church to become alongside Yet and still how can we hope to overcome a sin that grips people so powerfully, without first learning to recognize how serious the sin is?

If you recall, we talked about the, the changing of the mind that neuroplastic change that goes on in the mind as, as people view pornography, that's a scientific fact that goes on in the brain. And It's a rewiring of the brain. So, there's a change in the mind that has to occur.

Pastors and Christian authors wave off, warnings, by telling believers, simply to meditate on their justification. Often exasperate the problem.

Romans 8:13 warns us for you live. According to the flesh, you will die. But if by the Spirit, you put to death the misdeeds of the body, you will live, Jesus. Also, warns Matthew 7:22:23, many will say to me that day. Lord Lord, did you not? We not prophesize in your name and in your name drive out demons.

And in your name, perform, many miracles that I will tell them plainly. I never knew you away from me. You evil doers. We also look at Luke 6:46 through 49. Why do you call me? Lord, Lord. And do not do what I say. Why do you call me as for everyone who comes to me?

And here's my words and puts them into practice. I will show you what they are. Like they're like a man building a house who dug down deep and laid the foundation on rock. When a flood came, the Torrance struck the house but could not shake it because it was well built.

But the one who hears my words and does not put them in the practice is like a man who built a house on the ground without a foundation. The moment, the Torrance struck the house it

collapsed, and it's just destruction was complete, These texts warn specifically against claiming acceptance with Christ without evidence union and communion with Christ in a spirit-filled life, While we are not saved by good works, we are saved for good works.

We must take seriously sin in order to take Christ, seriously. There's indeed a positive side to recognizing the series of seriousness of sin. From one perspective, We make only a small beginning against sin in this life. What will be what we will be in Christ when we see his face, see Him face to face so far excels.

What we are now that it will be like comparing the rays of the Sun to the sun itself. Yet, we must not forget that the righteous are like the shining of the morning sun and the shining ever more brightly until the perfect day. Proverbs 4:18 the Spirit is transforming us from one degree of glory to another in Christ, even in this life, second Corinthians 3:18, Does it make a difference?

Whether you think to yourself that you are miserable, you are miserable sinner. Who is always given over to sin. And then after all, We all fail in many things or do you say I am in Christ, I've died to the power of sin and is not fitting for me to do this.

These two, distinct differences of perspectives. Mark the difference between continuing down the path of life. Damnation sin, dominating sin, and the learning to put this in to death by the Spirit. We must develop a clear sense of guilt in order to gain a clear sense of righteousness safety and guidedness that can be ours in Christ.

The next point is, load your conscious with the guilt of the sin is important. Not to recognize in nature of sin as it is before, God and identify our sin in particular, We must meditate on it raise and progress in us. We must meditate on its rise and progress in us.

In order to feel its weight, It is easier to ignore a persistent sin than it is to meditate on its guilt and hideousness Owens noted assuredly. He that pleads in the most secret reserve of his heart that he is freed from the condemning power of the law. Thereby secretly The countenance himself and giving the least allowance unto any sin or lust is not able on gospel grounds to manage any evidence unto any tolerable spiritual security that indeed he is in a due manner freed from what he soaked pretends himself to be delivered, Loading your conscience with a guilt of your sin needs.

Not need not be depressing. Jonathan Edwards wrote to a young Christian. We always greatly humbled by your remaining sin and never think you line low enough for it, but yet don't be at all discouraged or disheartened by it. Although we are exceedingly sinful, We have an advocate with the Father was blood, the merit of who's righteousness and the greatness of whose love and faithfulness infinitely over tops, the highest mountains of our sins, Just as we can never make ourselves low enough for our sins.

We can never exalt Christ. High enough for saving us from our sins, those two things, grow and proportion to each other.

Or next point is logging vigorously. And constantly to delivered from that sin, We most desire to be delivered from the evil of our sin. We must trust in the grace of the Lord, Jesus Christ to forgive our sins and have faith that. When we confess our sins, His righteousness and faithfulness is forgiving sin.

Repentance requires desire against sin. Second Corinthians 7:11 scriptures. Such as Psalm 32, and 51 and Romans 7. Often's often comfort those struggling with sin because these texts

serve as a divine inspired reflection of their own hearts. We must desire to be delivered from evil of sexual lust more than from its consequences if we hope to overcome it.

Consider your natural disposition. The fifth principle is understanding how our natural dispositions affect our relation to sin and grace, The Lord made us all with different dispositions. Our natural strengths and weaknesses. Often coincide Those with vigorous personalities can be bold for the Lord. While being short-tempered with people, I've seen that, those who are naturally mild might make peace and build friendships easily.

While being tempted towards compromise, Likewise some people have strong sexual drives and others persecutions an outward. Hardships led Paul to council many believers to master their sexual desires remaining unmarried because of the present distresses. First Corinthians 7:26.

This implies that even those with strong sexual desires can govern them through meditation, prayer, and mental reconditioning. When required God-given sexual. Desire is a prerequisite for a godly marriage. Every good gift in this world. However, is distorted by sin and must be restored by grace.

Whether you're married or not, you must remember the danger of sin. Oh converting blessing into curse through temptation, sexual desire. That promotes the good of the other within marriage is a gift of God. Proverbs 5:18.

Prevent the occasions and the advantages of the sin in question. This is our sixth principle, The sixth principle is. We must must avoid the outward circumstances that often lead us into sin. We may tend to think that the real way to fight against sin is to avoid smoking drinking or other external temptations.

However, the Bible places the main battlefield in the heart changing external circumstances in fighting against sin is vital, but it cannot bring ultimate victory. Satan aims at the heart from the outside. In God, however, says my son gives me thine heart. Proverbs 23:26 aiming to transform us from the inside out.

Purity of the heart must lead to purity and practice. The blessed man does not walk in the Council of the ungodly, nor stand in the path of sinners, nor sits in the seat of squoners, because his delight is in the law of the Lord. And on it, he meditates day and night.

Psalms, 11 through 2, providing the occasions leading, the sin will not kill the sin, or replace it.

We When we identify unrepented sin in our hearts, consider its dangers and evils load, your conscience, your consciousness with its guilt long to be delivered from it and know our tendencies to fail fall into and we will not become willing to cut off all the outward. Occasions that. Promote it the battle against sexual lusts begins with the interperson but it must affect the entire course of life or outward practices.

Should flow from the meditations as well as our as well as promote them.

Opposing vigorously the first act of sin which is our seven principle. We must attack sin at its root. If you want to be rid of its fruits, owns warned, If it have a lot, if it have allowances allowance for one step, it will take another. It is impossible to fix bounds to send If we excuse sustained, anger against someone who has slandered us.

Then we may become habitually angry, people, Even toward those whom we love If we complain about one situation life, then we will become thankful in everything. If we fight the

first lustful glance then it will be easier to avoid fostering lust in the heart guarding against pornography and other sexual sins better.

Yet, if we turn on, lustful thoughts into prayer for the good of the person and we will train ourselves to edify and help our neighbors, rather than to use them as objects for our own gratification. We must learn to reorient, our lives and reprogram our thinking.

At the very place we're center rises. We are not learn to do this prayer. I'm sorry. If we do not learn to do this prayerfully, we should not be surprised. If we never progress against sexual lust or any lust, this is a target at which the Holy Spirit. Aims arrows of Holy Scripture.

If we fought the first rising of misplaced, sexual desire in the heart, how would this transform Christian marriage is much easier to pull weeds and have barely begun to grow than it is to dig those with deep roots.

Our eighth principle, develop low thoughts of yourself in light of high thoughts of God. In Christ principal 8, we must come, We must come to see our sin ourselves in the light of the glories of the Triune God. Sin against the grace of God, our worst and sin against the justice of God, because divine grace saves us from divine justice, meditating, on the attributes of God, and especially His mercy to us in Christ, helps us see sin for what it really is without Christ as Redeemer.

There's no hope for sinners. Without the Spirit of God. Working in us to will and to do of his good pleasure. There's no victory over sin and this life, or in the next both sin and righteousness are meaningless. If we see them only in respect to other people, We must understand all things in light of the Triune God.

Owens wrote that, he believes the primary reason. More people do not make progress in the Christian life. Is that they failed to meditate on the glory of Jesus Christ. Our need is that the whole Christ to save whole people and overcoming sexual sin. We need to exercise faith in Christ.

Who was born of spirit that we might be born of spirit? We need to trust in the Christ. Who receive the Spirit without measure of the Spirit. We need Christ obedience so that God will accept us as righteous. We need a crucified Christ so that we might no longer be liable for the wrath of God.

We must come to a resurrected Christ over whom we are freed from the power of sin. We need an ascended Christ, so that we might have a place in heaven, so that we can be assured that our faithful high priest ever lives to make intercession for us. And give us His spirit.

We need to be united to eternal to the eternal Son of God by faith, so that we might receive this spirit of adoption in him and have have a right to all the privileges of. The sons of God. We need a Christ to assures us that when we see Him as he is we will be like him.

It is also in this hope through faith. In this Christ that we can purify ourselves. As he is, pure perfecting holiness in the fear of God. Second Corinthians seven. One Through the Spirit, we must exercise. Faith in the whole Christ. Just sanctify the whole person. If we would flee flesh.

Fleshly lusts. Which war against the soul. First, Peter 2:11, we must accept. Peace of conscience. Only from God. Finally, we must accept. Peace of conscious only from God Sexual sins, abound today. Fornication. Pornography adultery divorce on the sexuality and other sexual sins are cut from the same cloth. We must not have peaceful conscience because our sexual sins have become normal.

We must receive peace. Only from God, The good news is that God has promised to purify our consciousness before him Hebrews. 9:14. We should approach him with full assurance of faith with clean hands. And with a pure heart, This is possible. Even for the sexual immoral and impure, none of us can be fully rid of sin on this side of glory.

Yet in Christ. We are saints and we become holy, We should reveal less in the fact that we are worthless, sinners saved by grace, and more. In the fact that we are sanctified in Christ Jesus and called into fellowship with God. First Corinthians 1, 2 and 9. Our piece of conscious comes from Christ who granted us repentance as well as forgiveness.

Our joy is in the Holy Spirit, Romans 14:17. Our insurance is at our heavenly Father who began a good work in us. Will faithfully will be faithful to complete it in the day of Christ Jesus. Amen.

In conclusion, The urgent need in our time and the Christian church is that for Christ-centered, spirit-filled God glorifying self-discipline and self-control. Paul writes, we must learn to beat our bodies and bring them into subjection. First Corinthians 9:27, We need the spirit to restore our faculties and desires in Christ, rather than allow either their unbridled exercise or they're unnatural suppression.

Sexual desire exalts. The creator was set while sexual less denigrates the creature.

Amen.

This was a, a very long and sobering topic. I learned much from it. There's a lot. I change my perspective on many things, a lot of self-reflection reflection. A lot of, you know, you hear different people talking about how to deal with lust and things of that nature. And what I've heard in the past, never really focused much on Christ, It was a lot of focus on self and this shifted that It's a really focus on Christ.

Because without price, there's no breaking of that that bondage. So I to me it was

Very impactful. And I, I pray that everyone is has received a book and has read through it. And as as learned from it and has grown from it as well. So, I want to thank you for putting up with me for the last three weeks and Mr. Richel I was just going to say one thing especially direct this to the young man as I was the young man, Just because you're older doesn't mean you're exempt from anything but you know, the bottom, it is true, the Bible but it says more about the negative consequences of sin that it does say about the positive not them There's more you know and in churches we do that makes growing up, you know, sexual sin and love some things.

There was always negative In the world was giving us their positive, but not God's positively. And so I always struggled with that and I was sharing Australia this with a couple of my sons that one of the things that helped me is when you come into a situation where you struggle with that.

It's the focus on the positive of what God created. In other words, when Adam saw eating, he said, this is Bona my bone with much my pledge. I'm sure he was very excited because she was a beautiful woman. And and so I have often said, you know, when I struggled with things like when I'm at the young man you know, and I felt I was doing I would say thank you, Lord to confirming my manhood.

Thank you for the beauty of your creation and and ask God to help me focus on those things as opposed to always beating myself up and that there is a place for that. Yes, but I think there's a place where we focus on that God said this was good.

Yes, we just seem like the world would be, like, just all men, You can feel. It would be a very boring. So I am thankful that God created females. Amen, you know, and I, but I think that focusing on the beauty of God's creation helps us to, or the positive actions.

Yes, sir. That that's a wonderful. Wonderful statement. Thank you. Let's run that, then we just add a word as an older experienced. I knew what David is saying. There is truth in. What he's saying, what we need to remember? Is it? And you're young, your ability itself. Discipline is in some senses.

They said, then as you get older and your grasp of the disciplines of your body become this, and this, I don't remember what I used to remember in the past as easy as I do now, right? I got them. I remember much better than the past than I do now.

So the discipline of the membrane things is not as good. Now as it was and one of the things that I found is as I've grown older is the self-discipline that I used to have in the past that I could apply. For some of these things you've been talking about is not as strong today as it was.

Then I struggle much more now with things like two. Keeping control of my tongue and loving. My wife is I ought to and, and things like that, then I did when I was younger. So don't think that and when the world becomes all the people things are going to be much easier.

Oh no, we struggle just as much but I think what you're perspective is provided for us that was so useful. Is that as we think more and more of Christ and as we begin to see more and more of these glory and of his beauty and how our sin affects him and hurts him, it becomes a means that we can use better than our old time self-discipline.

It becomes trusting more and more in Christ and less and less than ourselves that my friends is growing embrace. Yes, the cast everything I had to go back.

Okay, that's great. Please Father guy. We thank you for this this time that you've given us to here. This message about overcoming sexual lust, and giving us the, the knowledge that we need to get through the sin and showing that our focus in our needs to be upon you.

Lord, that you give us what we need that. All things, come through you and for you and buy. You May our hearts and our minds return towards you this day, and each day Lord, as we go into the world, as we deal with the challenges in our lives. Father.

God, may all that. We do the honoring to you from Jesus name Amen.