

## "The Yellow Zone Project"

### In Pursuit of Longevity

### In Pursuit of Joy

### A Joyful God

Nehemiah 8:10 (ESV) - *Then he said to them, "Go your way. Eat the fat and drink sweet wine and send portions to anyone who has nothing ready, for this day is holy to our Lord. And do not be grieved, for the joy of the Lord is your strength."*

Philippians 4:4 (ESV) - *Rejoice in the Lord always; again I will say, rejoice.*

*"Never forget that when we are dealing with any pleasure in its healthy and normal and satisfying form, we are in a sense, on [God's] ground." (C.S. Lewis)*

### A Joyful People

1. OBEDIENCE - Flourish within the SAFETY of God's revealed standards.
2. WORSHIP - Live for something BIGGER than yourself.
3. PURITY - Receive God's provision for the FORGIVENESS of sin.

Hebrews 10:19-22 (ESV) - *Therefore, brothers, since we have confidence to enter the holy places by the blood of Jesus, <sup>20</sup>by the new and living way that he opened for us through the curtain, that is, through his flesh, <sup>21</sup>and since we have a great priest over the house of God, <sup>22</sup>let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.*

4. GRATITUDE - Recognize that what you have is a GIFT from God - and it is more than you deserve.
5. GENEROSITY - show love and appreciation through the TANGIBLE allocation of your finances.

2 Corinthians 8:1-2 (ESV) - *We want you to know, brothers, about the grace of God that has been given among the churches of Macedonia, <sup>2</sup>for in a severe test of affliction, their abundance of joy and their extreme poverty have overflowed in a wealth of generosity on their part.*

### Time to Come Home

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