
The Perfections of our Union with Christ

Variousⁱ

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Our union in Christ brings every spiritual blessing. (Ephesians 1:3)

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,

Our union in Christ:

Explains God's provision. Therefore, we have the "We have..." statements

Shapes our identity. Therefore, we have the "We are..." statements.

Enables our obedience. Therefore, we have the "We can..." statements.

Promises our future. Therefore, we have the "We hope for..." statements.

The Word of God Says in Jesus Christ...

We are in Him.

Ephesians 1:7

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace,

1 Corinthians 1:30

And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness and sanctification and redemption,

I present a sample of these four categories that we are to hear, know, believe individually and all together affirm it corporately.

We believe and receive all that God has done for us in Christ.

Because we are in Christ, we have all that God has said He will do for us...

I have God's glorious grace lavishly given without restriction.

Ephesians 1:5, 8

he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will...

...which he lavished upon us, in all wisdom and insight

I have been chosen and God desires me to bear fruit.

John 15:1,5

"I am the true vine, and my Father is the vinedresser.

I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

I have been called.

Ephesians 4:1

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called,

2 Timothy 1:9

who saved us and called us to a holy calling, not because of our works but because of his own purpose and grace, which he gave us in Christ Jesus before the ages began,

I have redemption.

Ephesians 1:5, 8

he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, which he lavished upon us, in all wisdom and insight

I have been established, anointed and sealed by God.

2 Corinthians 1:21-22

And it is God who establishes us with you in Christ, and has anointed us, and who has also put his seal on us and given us his Spirit in our hearts as a guarantee.

I have been brought near to God through Christ's blood.

Ephesians 2:13

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ.

I have access to the Father.

Ephesians 2:18

For through him we both have access in one Spirit to the Father.

I have the mind of Christ.

1 Corinthians 2:16

“For who has understood the mind of the Lord so as to instruct him?” But we have the mind of Christ.

I have assurance that all things work together for good.

Romans 8:28

And we know that for those who love God all things work together for good, for those who are called according to his purpose.

I have not been given a spirit of fear, but of power, love and self-discipline.

2 Timothy 1:6-7

For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands, for God gave us a spirit not of fear but of power and love and self-control.

I have an abundant life.

John 10:10

The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.

I have peace with Jewish believers.

Ephesians 2:14

For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility

I have God's peace protecting my heart and mind.

Philippians 4:7

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

I have a hidden, resurrection life.

Colossians 3:1-4

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God. When Christ who is your life appears, then you also will appear with him in glory.

We agree and confess all that God says about us.

Because we are in Christ, we have an identity that is rooted in who Jesus is and therefore, who we are...

I am blessed in the heavenly realms with every spiritual blessing.

Ephesians 1:3

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,

I am chosen before the creation of the world.

Ephesians 1:4

even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love

Ephesians 1:11

In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will,

I am chosen and dearly loved.

Colossians 3:12

Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,

I belong to God.

1 Corinthians 6:19-20

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

I am a saint.

Ephesians 1:18

having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints,

I am holy and blameless.

Ephesians 1:4

even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love

I am blameless in God's sight.

1 Corinthians 1:8

who will sustain you to the end, guiltless in the day of our Lord Jesus Christ.

I am hidden with Christ in God.

Colossians 3:3

For you have died, and your life is hidden with Christ in God.

I am forgiven.

Colossians 1:13-14

He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

I have been justified.

Romans 5:1

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ.

I am the righteousness of God.

2 Corinthians 5:21

For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

I am born again.

1 Peter 1:23

since you have been born again, not of perishable seed but of imperishable, through the living and abiding word of God;

I am a new creation.

2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

I am redeemed from the curse of the Law.

Galatians 3:13

Christ redeemed us from the curse of the law by becoming a curse for us—for it is written, “Cursed is everyone who is hanged on a tree” —

I am alive with Christ.

Ephesians 2:5

even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—

I am raised up with Christ.

Ephesians 2:6

[He has] raised us up with him and seated us with him in the heavenly places in Christ Jesus,

Colossians 2:12

[We have] been buried with him in baptism, in which you were also raised with him through faith in the powerful working of God, who raised him from the dead.

I am seated with Christ in the heavenly realms.

Ephesians 2:6

[He has] raised us up with him and seated us with him in the heavenly places in Christ Jesus,

I am sealed with the promised Holy Spirit.

Ephesians 1:13

In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit,

I am God's workmanship.

Ephesians 2:10

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

I am set free.

John 8:32

and you will know the truth, and the truth will set you free.”

Romans 8:2

For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

I am crucified with Christ.

Galatians 2:20

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

I am more than a conqueror.

Romans 8:37

No, in all these things we are more than conquerors through him who loved us.

I am no longer condemned.

Romans 8:1-2

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

I am part of God's kingdom.

Revelation 1:6

and made us a kingdom, priests to his God and Father, to him be glory and dominion forever and ever. Amen.

Colossians 1:13-14

He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

I am a member of God's household.

Ephesians 2:19

So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God,

I am God's child.

John 1:12

But to all who did receive him, who believed in his name, he gave the right to become children of God,

I am adopted as his son.

Ephesians 1:5

he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will,

I am a member of Christ's Body.

1 Corinthians 12:27

Now you are the body of Christ and individually members of it.

I am a citizen of heaven.

Philippians 3:20

But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ,

I am a holy temple.

Ephesians 2:20-21

built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy temple in the Lord.

1 Corinthians 6:19

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own,

I am a dwelling for the Holy Spirit.

Ephesians 2:22

In him you also are being built together into a dwelling place for God by the Spirit.

I am Christ's friend.

John 15:15

No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you.

I am faithful.

Ephesians 1:1

Paul, an apostle of Christ Jesus by the will of God, To the saints who are in Ephesus, and are faithful in Christ Jesus:

I am a part of God's great purpose.

Ephesians 1:9; 3:11

making known to us the mystery of his will, according to his purpose, which he set forth in Christ

This was according to the eternal purpose that he has realized in Christ Jesus our Lord,

I am born of God and the evil one cannot touch me.

1 John 5:18

We know that everyone who has been born of God does not keep on sinning, but he who was born of God protects him, and the evil one does not touch him.

I am salt and light in the world.

Matthew 5:13-14

“You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people’s feet. “You are the light of the world. A city set on a hill cannot be hidden.

I am a personal witness of Jesus Christ.

Acts 1:8

But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”

I am God's coworker.

2 Corinthians 6:1

Working together with him, then, we appeal to you not to receive the grace of God in vain.

I am part of the ministry of reconciliation.

2 Corinthians 5:18-20

All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation. Therefore, we are ambassadors for Christ, God making his appeal through us. We implore you on behalf of Christ, be reconciled to God.

I am not in real want.

Philippians 4:19

And my God will supply every need of yours according to his riches in glory in Christ Jesus.

I am victorious through Christ.

1 Corinthians 15:57

But thanks be to God, who gives us the victory through our Lord Jesus Christ.

I am victorious through faith.

1 John 5:4

For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith.

I am overcoming the world.

1 John 4:4

Little children, you are from God and have overcome them, for he who is in you is greater than he who is in the world.

I am qualified to share in His inheritance.

Colossians 1:12

giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.

We can obey all that God has enabled us to do in Christ.

Because we are in Christ, we have the power for a life of obedience, wisdom and ministry.

I can be obedient from the heart.

Romans 6:17-18

But thanks be to God, that you who were once slaves of sin have become obedient from the heart to the standard of teaching to which you were committed, and, having been set free from sin, have become slaves of righteousness.

I can do all the God requires.

Philippians 4:13

I can do all things through him who strengthens me.

I can approach God with freedom and confidence.

Ephesians 3:12

in whom we have boldness and access with confidence through our faith in him.

I can grasp how wide, long, high and deep Christ's love is.

Ephesians 3:17-18

so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth,

I can bring glory to God.

Ephesians 3:20-21

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

I can mature spiritually.

Ephesians 4:15

Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,

I can serve through God's power works through me.

Ephesians 3:7

Of this gospel I was made a minister according to the gift of God's grace, which was given me by the working of his power.

I can have a new attitude and a new lifestyle.

Ephesians 4:21-32

...assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

I can be humble, gentle, patient and lovingly tolerant of others.

Ephesians 4:1-3

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.

I can be kind and compassionate to others.

Ephesians 4:32

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

I can forgive others.

Ephesians 4:32

Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

I am a light to others, and can exhibit goodness, righteousness and truth.

Ephesians 5:8-9

for at one time you were darkness, but now you are light in the Lord. Walk as children of light.,

I can understand what God's will is.

Ephesians 5:17

Therefore do not be foolish, but understand what the will of the Lord is.

I can give thanks for everything.

Ephesians 5:20

[We are to be] giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,

I can submit to others in God's plan for roles and authority.

Ephesians 5:21

submitting to one another out of reverence for Christ.

I can honor God through marriage.

Ephesians 5:33

However, let each one of you love his wife as himself, and let the wife see that she respects her husband.

I can parent my children as a Christian.

Ephesians 6:4

Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

I can be strong in God's power.

Ephesians 6:10

Finally, be strong in the Lord and in the strength of his might.

I can stand firm in the day of evil.

Ephesians 6:13

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

I can be content for I am not alone.

Hebrews 13:5

Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you."

We hope for all that God has promised us in Christ.

Because we are in Christ, we have promises to believe that sustain our hope.

I am prayed for by Jesus Christ to be one with other believers.

John 17:20-23

“I do not ask for these only, but also for those who will believe in me through their word, that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. The glory that you have given me I have given to them, that they may be one even as we are one, I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.

I am promised eternal life.

John 6:47

Truly, truly, I say to you, whoever believes has eternal life.

I am confident that God will perfect the work He has begun among us.

Philippians 1:6

And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

I have put my hope in Christ.

Ephesians 1:11-12

In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, so that we who were the first to hope in Christ might be to the praise of his glory.

I will be shown the incomparable riches of God's grace.

Ephesians 2:7

so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus.

God will show the fullness His kindness to me.

Ephesians 2:7

so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus.

I share in the promise of Christ Jesus.

Ephesians 3:6

This mystery is that the Gentiles are fellow heirs, members of the same body, and partakers of the promise in Christ Jesus through the gospel.

Reflect and Respond

We exclaim then!!!!

If anyone is in Christ,
he is a new creation.
The old has passed away;
behold, the new has come.

Blessed be the God and Father of our Lord Jesus Christ,
who has blessed us in Christ with every spiritual blessing
in the heavenly places,

ⁱ I am grateful to WWW.TalkJesus.com for the original compilation of this list. I have heavily modified it for this sermon.