

INTRODUCTION

1. Jd 1:20-21; Rm 8:34-35a. Loved when love is growing cold [Mt 24:12].
2. Love can be taken for granted or unrequited - 2C 12:15; THB #142. God's love is the most unrequited of all loves.

1st: Experience the Refreshment of Christ's Love

1. "Refresh": Sabbath: rest, renew, invigorate: 1C16:18; 2C7:13; 2T1:16; Phm1:7
2. Christ's love refreshes us in the vitality of the Spirit.
 - i. Jn 15:9
 - ii. Jn 13:1
 - iii. Gal 2:20
 - iv. Rv 1:5
 - v. Rv 3:9
3. Do these HS-inspired words of Jesus refresh you so that you respond like Peter in Jn 21: *Yes Lord, You know that I love You!* How? *Tend My sheep.*

2nd: Express Your Resolve to Remain in Christ's Love

1. Lk 22:31-32 Strengthen your brothers. Jd 1:1 beloved [v3]; Stave off false teachers & cling to Christ's apostles - v16-17; v20-21
 - i. *in the Spirit*
 - ii. *v21 keep yourselves <-> v24 Him who is able to keep you:*
2. We need to learn how to love & then stay in that love - 1Th 2:16; Jd 1:24-25