

## SUNDAY EVENING

*Dr. Joel R. Beeke*

Votum and Salutation

Psalter 118

Scripture Reading:

Romans 8:1-30

Reading of the Westminster

Confession, 2.1-3

Prayer

Psalter 386:1-5

Sermon Text: Romans 8:26

### **How to Pray in the Spirit**

*1. Its difficulty*

*2. Its help*

*3. Its groanings*

Psalter 287:1,3 (standing)

Sermon Conclusion

Closing Prayer

Psalter 233

Doxology (Psalter 196)

Benediction

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- 1. Why is prayer often so difficult even for believers (point 1)?*
- 2. What are some of the best ways to help ourselves learn to pray more effectively (point 2)?*
- 3. How can praying in the Spirit be illustrated by sailboating (point 2)?*
- 4. How exactly does the Holy Spirit help us in prayer (point 2)?*
- 5. How does the apparent conflict between God's promises and God's providences move us to holy groanings in our prayers (point 3)?*
- 6. How do we know when we are praying in the Spirit (point 3)?*
- 7. What advice do you have for me that I may experience more of the Spirit's assistance in my prayers (point 3)?*