

Psalm 1 Outline

Introduction

The Character and Blessing of the Righteous

Verse 1

Verse 2

1. Delight
 - a. Deeming an object valuable
 - b. Longing for the object
 - c. Rejoicing in the possession of the object

2. Meditate
 - a. Remembrance
 - b. Reflection
 - c. Revivification

Verse 3

Tree	Maturity
Planted	Grounded in the Truth
Streams of Water	Continuously Fed
Fruit	Active Results
Leaf	Healthiness

1. Why specifically this simile? (Genesis 2:9-10... compare with Genesis 3:6)

The Character and Doom of the Wicked

Verse 4

1. Chaff
 - a. Worthlessness
 - b. Transience
 - c. Destruction

Verse 5

Verse 6

1. The Lord Knows
 - a. Knowledge
 - b. Tutelage

c. Distinction

2. The Wicked Perish

Conclusion

Helpful Resources

1. *Psalm 1: Knowledge of God* by Paul Washer
 - a. <https://www.youtube.com/watch?v=bZb3A5dnCD0&t=1979s>
2. “The Practice of Meditation” by Tim Challies
 - a. <https://www.challies.com/reading-classics-together/the-practice-of-meditation/>
3. “5 Tips for Engaging with Scripture” by Tim Challies
 - a. <https://www.challies.com/sponsored/5-tips-for-engaging-with-scripture/>
4. “Warm Yourself at the Fires of Meditation” by David Mathis
 - a. <https://www.desiringgod.org/articles/warm-yourself-at-the-fires-of-meditation>
5. “Why Memorize Scripture” by John Piper
 - a. <https://www.desiringgod.org/articles/why-memorize-scripture>

SPEAK O LORD

Speak, O Lord, as we come to You
To receive the food of Your Holy Word.
Take Your truth, plant it deep in us;
Shape and fashion us in Your likeness,
That the light of Christ might be seen today
In our acts of love and our deeds of faith.
Speak, O Lord, and fulfill in us
All Your purposes for Your glory.

Teach us, Lord, full obedience,
Holy reverence, true humility;
Test our thoughts and our attitudes
In the radiance of Your purity.
Cause our faith to rise; cause our eyes to see

Your majestic love and authority.
Words of pow'r that can never fail—
Let their truth prevail over unbelief.

Speak, O Lord, and renew our minds;
Help us grasp the heights of Your plans for us—
Truths unchanged from the dawn of time
That will echo down through eternity.
And by grace we'll stand on Your promises,
And by faith we'll walk as You walk with us.
Speak, O Lord, till Your church is built
And the earth is filled with Your glory.